ASSUMPTION OF THE BLESSED VIRGIN MARY 5761 E. Colorado St. Long Beach, CA 90814

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#### Worship Services

Regular Schedule Orthros 8:45 AM Divine Liturgy 10:00 AM

NOTE: Sunday Divine Liturgy starts at 10:00AM year-round.

See enclosed calendar for dates and times of other services this month.

# THE PANAGIA

Assumption Of the Blessed Virgin Mary Greek Orthodox Church Long Beach, CA



MARCH & APRIL 2019

#### Assumption of the Blessed Virgin Mary Greek Orthodox Church

5761 East Colorado Street, Long Beach, CA 90814-1954 Phone (562) 494-8929 - Fax (562) 985-1379

Email - <u>office@assumptionlb.org</u>

## Rev. Fr. Christos Kanakis, Proistamenos frchristos@assumptionlb.org

Voula Michail-Kitsios, Executive Admin. Assistant

Jorge Rivera, Custodian

#### PARISH COUNCIL OFFICERS

Jimmy Eleopoulos, President
Taso Papas, Vice President
Savvas Roubanis, Recording Secretary
George karidakis, Corresponding Secretary
Angelo Karapoulios, Treasurer

#### Members

Charles Bateh, Spiros Beckas, Vickie Demos, Chris Dolas, Vicki George, Greg Karapoulios, Sam Platis, Jerry Polychrones,

#### **AHEPA**

Tasos Papas - President

#### **Bookstore**

Zoe Falley - Administrator

#### **Bulletin Coordinator**

Voula Michail - Kitsios

#### Choir

Jerry McMillan - Director Costa Kourtis - Advisor

#### **Church School**

Elizabeth Syrengelas

#### **Daughters of Penelope**

Sofie Batshoun

#### GOYA

Eleni Dalkos & Christina Gillotti - Advisors

#### **Greek Cultural Arts and Dance**

Stacie Zoumberakis - President Aristi Anagnos - Vice President

#### **Greek School**

Tasia Triantos - Principal Dina Triantos - President

#### Hope/Joy/VBS

Yota Batsaras - Advisor

### Panagia's Little Lambs

Elizabeth Syrengelas

#### **PHILOPTOCHOS**

Karen Fic - President
Lia Kakaris - Vice President
Stephanie Moreno - Secretary
Denise Manos - Corres. Secretary
Kathy Bastas - Treasurer
Bobbie Soupos - Advisor.

#### **Senior Christians**

Matoula Batschoun & Bobbie Soupos

#### **Trisagio Ministry**

Max & Mary Lofton, Kathy Bastas Vickie Hennig, Yiota Beckas, Zoe Falley

#### Web Site

David Derks

#### **Welcome Ministry**

Kathy Bastas (Chair), Mary Lofton Camille Dolas, Kay Platis,

#### **Young Adults**

YoungAdultsLB@gmail.com

### Assumption of the Blessed Virgin Mary Confidential Stewardship Commitment Card

Family Last Name:	Home Phone:					
Street Address:	City:	State:	Zip			
Husband (or Individual over 18)	Wife (or Individual over 18)	Cł	nildren & Birthdate			
Name:						
Cell Phone:						
Email:			<del></del>			
Occupation:	7					
In gratitude of God's Blessings I/we comm						
Monthly (12 Payments a Year) Quar	terly (4 Payments a Year) Semia	nnually (2 Paym	ents a Year)			
Please check the following:						
1. Check: Mail/In person			*			
2. Credit Card/ Debit Card: Name as it appears on card:		NOTE OF THE PARTY OF				
Credit/Debit Card Type:	Card Number:	and the second s				
CVV (3 digit code on back)Expirat	ion Date: Signature for autho	orization:				

Stavros Louis & Marv Stavros Theodoros & Olga Sullos James & Vickie Sverkos Dennis & Hollv Svrengelas Soteria Talaganis Ernest Talaganis Nick & Amy Talieres Maria Tan Chrysanthe Tan Terpsi Tavlarides Angelo & Mary Terzis Constantinos & Susanna Toumasis Kyriaky Triantos Dina Triantos Tasia Tsalikis Maria Tsegave Kibread & Saliem Tsimerekis Anna Vackrinos Catherine Valaskantjis Nikiforos & Georgia Vasilomanolakis Dr. Mike & Niki Vassiliades John & Eliza Vlachos Dino, Helen Vlahakis Katherine Watkins Evangelia Yortzidis Dimitris & Stacy Zarifes Angie Zoolakis Anthony & Kari

Zoumberakis Stelios & Stacie

Pledged Categories:	Total: 183 Cards
\$1 - \$100	20 cards
\$101 - \$500	66 cards
\$501 - \$1,000	54 cards
\$1,001 - \$3,000	36 cards
\$3,001 - \$10,000	3 cards
Pay but not Pledged	4 cards
	T .

#### Announcements

#### **BAPTISMS**

1/25/19

#### Evangelia Peregrini

Proud Parents: John & Kristen Peregrini

Godmother: Maria Russo

Congratulations



#### March & April Prosforo

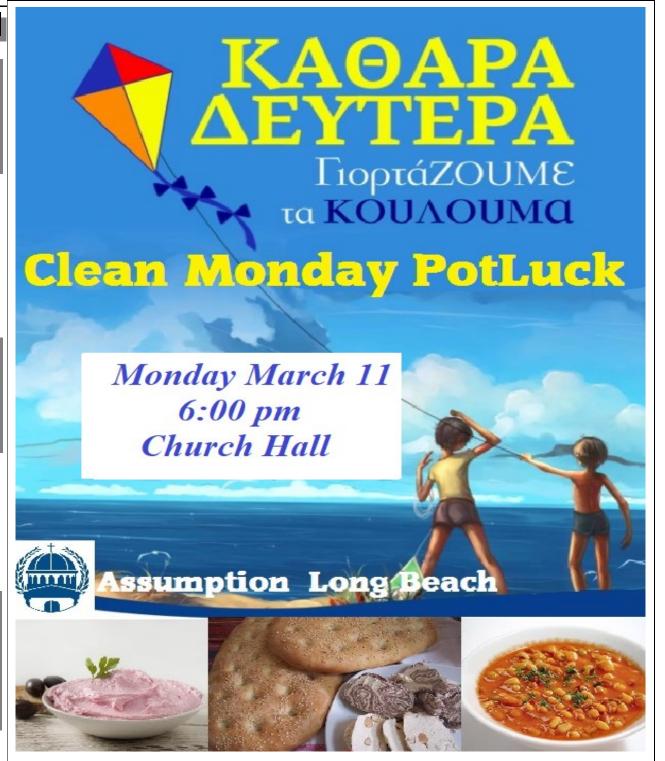
**March's** prosforo is donated by Ronnea Santamarina & Nikki Vorris

**April's** prosforo is donated by Mary Lambros. Thank you. If you would like to donate the Prosforo please call the office.



#### HOLY WEEK AND EASTER FLOWERS

With your help, Katy Georgedes will adorn our church. Flowers needed for Palm Sunday, Nymphios, Crucifixion, and Resurrection icons. Also, for the Epitaphios (Christ's tomb), and Easter lilies to decorate the Church for Easter. Thank you for your generosity.



**Philoptochos** 

#### Congratulations to Assumption FDF dancers, teachers and parents! GO LONG BEACH!

March is here and spring is around the corner. Along with that, Lent will begin. We will be celebrating Koulouma on March 11th. Here we will be sharing our Lenten meal for Clean Monday but also share in fellowship as we prepare ourselves for Pascha! Please join us on this special day!

Our membership luncheon Masquerade was a big success. Thank you to Lia Kakaris and her committee for once again bringing a spectacular afternoon of Philoptochos ladies and men together. It is wonderful to see that a number of new women have committed themselves to being a part of Philoptohos. If you have not turned in your 2019 membership, NOW IS THE TIME TO DO IT! This year again, our goal is to continue our membership growth by having EVERY WOMAN AND MAN at Assumption become a Philoptochos member. Please see Lia Kakaris, Philoptochos membership chair with your membership. Let's do it this year! Let's make it happen!

With your help Philoptochos has added The Women's Shelter of Long to its outreach list. I was fortunate to visit the agency along with Kathy Bastas and Lia Kakaris. The directors are anxious to visit with us and speak with our community on signs of domestic violence. Be on the lookout for more information.

Our baking team will be baking our delicious tsourekia on Friday April 19th. We will be selling the bread for \$15 per loaf. The bread will go on sale on Palm Sunday April 21st after Divine Liturgy. If you would like to place an order please call the church office or contact Kathy Bastas at 657-464-0596. Don't miss out on Easter Bread.

#### **UPCOMING EVENTS**

May 5th Kid's n Cancer Agape Celebration of Love, Newport Beach Country Club.

Philoptochos board elections. If you are interested in being a part of this dynamic group of women, please let us know. We welcome you!

May the promise of Pascha fill you with renewed faith, hope and joy—and may all of these continue to bless your life and through the year.

Kali Sarakosti

Your Sister in Christ Karen Fic, President



### GOYA Presents:

## Good Friday Luminaries

(Lambathes)



Let's light our path around the church with the names of Our loved ones who have passed on and Our wishes for the health of our family and friends.

Our Goyans will personalize each candle-lit bag (lambatha) with:

- In the Memory of... OR
- For the Health of...

The bags will be lined around the church along the path of the Epitaphio.

Each bag costs \$5.00. Orders can be placed in two ways, either:

- Visit our display table after church on Sunday or
- Write the names on the form below and mail with a check payable to Assumption Goya to: Kristina Simitian

19601 Summer Grove Lane, Hunt. Bch., CA 92648

(Please Only: Names of ONE family or TWO people, per bag. Thank you)

Ordered by:	Ordered by:
Phone #:	Phone #:
In Memory of/To the Health of: (Circle One)	In Memory of/To the Health of: (Circle One)
Family Name:	Family Name:
OR	OR
Person #1:	Person #1:
Person #2:	
	Person #2:
Paid by: Cash/Check No.:	Paid by: Cash/Check No.:
TC 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1 2 1	+ + lo = : - £ +

It you need more than 2 bags, simply write out the information on a separate piece of paper.

#### Panagia's Stewardship Family as of February 15, 2019

Ala Elisara Ala George Ala Lisa Alvertos Yanni & Georgia Andrikos John Argyros Dionisios & Irini Argyros Phil & Amy Bacol Penny

Bacol Pete & Rea **Bacol Sina** Bastas Nikos & Kathy

Beckas Spiro & Eleni Berovinos Michael & Kimberly Berovinos Tony & Bobbie

Bisbikis Toula & Argyroula Bratkic Jure & Demetra

Brillakis Gus & Nicki Camaras Dean & Nicole

Chelekis Louis & Vicki Chizhov Svetlana

Choullis Manolis & Sotiria Chrysanthis Alex & Vaso

Clair Robert & Nicky Coats Marilyne

Colazas Xenophon & Mila Colikas Michael

Cook Jeffrey & Suzan Cornwell Carlyle & Demetra

Coroneus John & Xanthipe

Cottaias Manuel

Cyprus Brett & Jane & family

Dame Danae

Deneff Peter & Diane

Deralas Dean

Desalernos Stephen & Stefanie

Dimas Michael & Maria

Dolas Chris

Dolas Jim & Camille Donlou Gordon & Maria Edwards Nickolas & Pamela

Exacoustos Stella

Falley Zoe

Fattaleh Saba & Diana Ferguson Robert & Fotini

Fic Karen Flynn Matthew

Fourtounis Peter & Joanna Futris William & Mary Gabriel Sam & Kathy

Galanis Jerry & Marian Georgedes Katy

Georgiadou Vicki & Ajit Shahani

Georgopoulos Anthony Georgoulis George & Anna

Giannoulis Anastasia Hadiimarkos Nick & Stemma

Halfhill Cathi

Hallock Rod & Shirley

Hennia Vickie

Herron Craig & Diana Hourigan Joseph & Nickie Jordanides Dr. Dennis & Giselle Jordanides Tim & Eleftheria Jovicic Goran & Alexandria

June Rod & Paraskevi Kakaris Telis & Lia Kalatzis Apostolos

Kallins George & Betttina Karanikas Panagiotes & Helen

Karapoulios Family Karatzis Spiros & Julia Karpouzis Dimitrios & Natalva

Karthas Nicholas Kastanas Vasilis & Paris Kiousis Spiro & Katerina Kohnert Walt & Yolanda

Kontaxis Michael

Kootsikas Coula

Kontes Nick & Christina Kontokanis Dimitris & Maria

Korakis Michael Koromelas John & Tina Kostallas Tony & Cathy Kouris Gregory & Patricia Kourtis Costa & Cecilia Kral Michael & Lisa Krantz Robert & Tricia

Krebenios Anastasia Krebenios Nick & Georgia Kvriakos Spiros & Lainie

Lambros Mary Lamrakis Catherine Liarakos George & Dezi Liarakos John & Athanasia

Liarakos Voula

Lilis Tina, Anagia, Chris Lofton Max & Mary

Loizides George & Rodoula

Makas Diane

Makridis Gus & Gene Mamo Tirusew

Mangoutas John & Barbara Maniatogiannis Loukas & Stacv Manos Dr. Andy & Pamela Mantikas Nick & Katherine

Marinow Atanas

Markouizos George & Argyro Markouizos Karolos & Georgia

Markouizos Markella

Markouizos Nektarios & Lisa

Matty Dave & Barbara

McMillan James & Angela

Mentas Ann

Mentas James & Patricia Mentzelos George & Christina

Michel David & Vasiliki

Milonas Dina

Moreno Russ & Stephanie

Morgan Valerie

Nicolaou Alex & Reese Papadakis Christina

Papadakis Michael & Janel

Papadopoulos Evangelos & Lorraine

Papas Tasos & Georgia Papoulias Thanasis & Sophia

Pappas Constantina Pappas Mark & Shari

Pappas Victor & Christina Parra Rick & Nicole

Patsios Spiro & Melva

Paulos Marv Paulos Nicholas Phillips Crystal

Platis James & Kav Pliaconis Michael & Maria

Raptis Maria

Reed Richard & Kvriaki Richards Constance

Richards Dean & Dorothy

Richards Michael

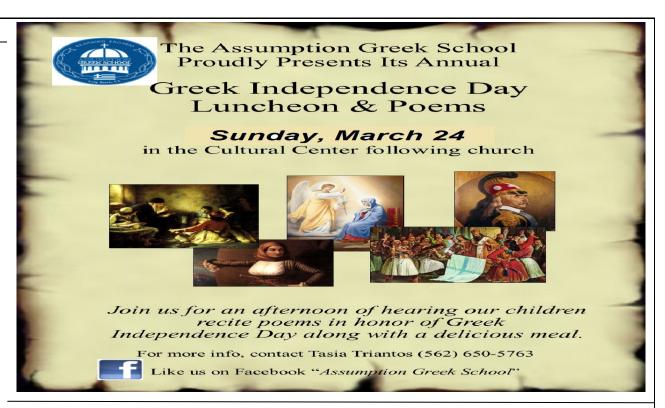
Santamarina Jose & Ronnea Schwarzbach Theodore & Anastasia

Sehremelis Andy & Leslie Sharkoff Donald & Anna Shweiri Cathy & George

Simitian Richard & Anna Siouris Chris & Panayota

Skarzenski Joseph & Gitana Deneff

Sotiriou Peter & Vasiliki Soultanakis Trudith Soupos Tom & Bobbie Stapakis Steve & Joanne Stathis Robert & Josefa Stavros Andv & Amber



PASCHA is approaching – April 28th ... A time of renewal, celebration and tradition ....

Tsourekia, Koulourakia, Kourabiedes and beautiful red eggs!

Don't have enough time to bake these traditional sweets?? Leave it up to the awesome and talented ladies of Philoptochos; we will do it for you!

Pre orders are now being accepted by calling Voula at the church office 562.494.8929 or Karen Fic 562.416.5565



Tsourekia =\$15.00 (available April 21, Palm Sunday)



Koulourakia = \$8.00 - 1 dozen



Kourambiedes = \$12.00 - 1 dozen



Red Eggs = \$7.00 - 1 dozen (orders only)

Remember to place your order (we sell out quickly) and prepay to avoid long lines on April 21st. Thank you for your continued support.

Assumption Philoptochos wishes all a Kalo Pascha kai Kali Anastasi

# JOURNEY THROUGH



Please join us in the Betty Reckas Center for our annual preparation for Holy Week and Palm Cross folding.

FRIDAY, APRIL 19 6:00 P.M.

\*Lenten Meal will be served \*Activities and Crafts for ALL ages

RSVP to Elizabeth Syrengelas
(818) 618-3549
elizabethsyrengelas@gmail.com

## **GOYA BASKETBALL 2019**

Practice every Friday 5:00 - 10:00pm starting
January 4 through April 12.

## Home Games

Saturday, 3/2/2019 10:30 am - 4:00 pm vs. St. Basil Sunday, 3/3/2019 1:30 pm - 7:00 pm vs. St. Nicholas Saturday, 3/9/2019 10:30 am - 4:00 pm vs. St. Anthony Sunday, 3/17/2019 1:30 pm - 7:00 pm vs. St. Sophia

## **Away Games**

<u>Sunday, 3/10/2019 1:30 pm - 7:00 pm</u> at St. George <u>Sunday, 3/24/2019 1:30 pm - 7:00 pm</u> at St. Katherine <u>Sunday, 3/31/2019 1:30 pm - 7:00 pm</u> at St. John

## Playoff games

Sat. 4/6/2019 10:00 am - 8:00 pm Quarter-finals day 1
Sun. 4/6/2019 2:00 pm - 7:00 pm Quarter-finals day 2
Sat. 4/13/2019 10:00 am - 8:00 pm Semi-finals
(this will probably end up being at St. Sophia)
Sun. 4/14/2019 1:00 pm - 7:00 pm Finals
(this will probably end up being at Assumption)

#### Little Lambs

We have been having so much fun with our littlest Orthodox Christians in Panagia's Little Lambs. Each week we sing songs and the children have chosen their favorite songs over the year. One very popular song is "When I Build My House"...so we actually build a house. The children had so much fun painting and decorating a little toy playhouse. Now, they love playing in it! We are gearing up for Lent and Easter, as we just finished fun lessons based on Epiphany and Love for Valentine's Day. Coming up is our annual Easter Egg hunt. Details to follow. Please join us weekly on Wednesdays @10:30 in the Sunday School classroom. For more information contact Elizabeth Syrengelas, elizabethsyrengelas@gmail.com

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#### Sunday School

What a treat it is to see so many Students in Sunday School. They have been learning so much, from lessons on The Three Hierarchs, Bible verses about Love, Icons in Church and in real life, to lessons on the Liturgy. On April 19 @6:00 is the Annual Holy Week Retreat and Palm Cross making in the church hall. Activities for all ages are planned and a Lenten dinner will be served. Please rsvp to Elizabeth Syrengelas: <a href="mailto:elizabethsyrengelas@gmail.com">elizabethsyrengelas@gmail.com</a> or (818)618-3549. Also keep in mind that the end of the year celebration and last day of Sunday School will be held on Sunday, May 5. More details to follow.

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### Greek School

#### Congratulation to all our students for another amazing year at FDF!

#### Paint Night

Paint Night is March 9th. All proceeds benefit the church Iconography. No tickets will be sold at the door.

#### **Independence Day Event & Poems**

Greek Independence Day Luncheon will be held on Sunday, March 24th after church.

#### Καλό Πάσχα!

No class – April 24<sup>th</sup> Please join us for Holy Unction at 3pm

Many new and exciting things happening with Greek School. Follow us on Facebook (Assumption Greek School).

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Greek Dance & Cultural Arts School

What a wonderful start to 2019! First of all, our dance program and community came together to celebrate the success of our dancers on January 26<sup>th</sup> at our Oli Mazi Dinner Dance. The evening was filled with love as we watched beautiful performances by all our dance groups and fought for amazing prizes in our Silent Auction and Opportunity Raffle. I would like to send a special thank you to all our parents, to our directors, and to the AGDCAS Board for your donation of time, talents, and treasures to make this event possible. I thank you immensely and am very proud to be working with such amazing individuals!

For our Diakonia project this year, our dance program donated to the Orange County Alzheimers Association and will be performing at the Sunrise Senior Living Center in La Palma. Our community outreach projects remind us of how blessed we are and how we need to extend our blessings to those in need. A huge thank you to Melva Patsios and Giselle Jordanidis for spearheading our Diakonia project this year!

Most importantly, our dance program participated in this year's FDF 2019 in Ontario, CA during the President's Day Holiday. Our dancers and directors, with the love and support of their families and friends, showcased beautiful suites of dances and represented our parish on and off the stage with pride, grace, and dignity.

This year's FDF theme was STAND- to remind us that we STAND together, as a family and as a community, with Christ. FDF highlights include:

Dancers and participants first gathered to complete a community Diakonia Project. Together, we packaged 43,000 meals for "Rise Against Hunger." With the help of Philoptochos and all the communities, this goal was accomplished before the opening ceremonies even started.

**Ta Patriotakia** performed beautifully in the exhibition Division 3 category and danced with our Metropolitan. We see a bright future ahead for these talented little dancers!!

Mikra Asteria impressed us with their performances from Rethymno, Crete and the island of Kythira. They received Second Place in the Advanced Primary category.

Ta Angeloudakia superbly performed dances from the islands of Kalymnos and Sifnos. They received Second Place in the Advanced Junior category.

Junior Olympians amazed us with dance suites from the islands of Naxos and Limnos in the Intermediate category. They faced tough competition, and made us proud as they came together to entertain the crowd and impress everyone who watched.

- Nea Ellas gave outstanding dance presentations from the villages of Nea Vyssa, Thrace and Vamvakofito, Serres, Macedonia. They won Costume Award for their exquisite Nea Vyssa costume, which was the talk amongst the judges and Second Place in the Senior category.
- The Olympian Dancers showcased two beautiful suites from the villages of Ethia and Mohos in Iraklion, Crete. They were awarded First Place in the Advanced Senior category.

Nicoletta Koulos received the Dean S. Phillips Memorial Scholarship and Olga Alvertos received the Jim Papangellin Memorial Scholarship. Congratulations to two very successful young women!

If you would like to watch any of the performances, you can go to YouTube and search for the FDF Live channel or vou may also visit the gkaridakis channel. George Karidakis graciously recorded all of the Assumption performances during the weekend for us all to enjoy. Thank you to George!!

Our appreciation to our Assumption community for your love and support. Glory be to God for this dance ministry! Congratulations to all the dancers, parents, and directors for another successful dance weekend- though the accolades are welcome, the memories that are created are the true rewards of the weekend!

Wishing you all a blessed 2019, Stacie Zoumberakis, President AGDCAS

Ο τέταρτος μήνας του πολιτικού έτους, με διάρκεια 30 ημέρες. Αρχικά ήταν ο δεύτερος μήνας του δεκάμηνου Ρωμαϊκού ημερολογίου με την ονομασία Aprilis και πήρε το όνομά του από το λατινικό ρήμα aperire. που σημαίνει ανοίνω, νιατί το μήνα αυτό ανοίνουν, ανθίζουν τα λουλούδια. Ο Νέρων θέλησε να uετονομάσει τον Απρίλιο σε Νερώνιο, ύστερα από μια αποτυχημένη απόπειρα δολοφονίας του το 65 μ.Χ, αλλά η ονομασία αυτή δεν επικράτησε.

Στην Αρχαία Ρώμη ο μήνας ήταν αφιερωμένος σε δύο θεούς, την Αφροδίτη και τον Απόλλωνα. Οι Ρωμαίοι γιόρταζαν:

Την 1η Απριλίου τα Βενεράλια, προς τιμήν της θεάς της αγάπης και της ομορφιάς Βένους, της Αφροδίτης των Αρχαίων Ελλήνων.

Από τις 4 έως τις 10 Απριλίου τα Μεγαλήσια, προς τιμή της θεάς Κυβέλης, με μουσικούς και γυμνικούς αγώνες.

Στις 21 Απριλίου τα Παλίλια, ποιμενική γιορτή προς τιμή της θεάς Εστίας. Οι βοσκοί κρατούσαν κλαδιά δάφνης και ράντιζαν με νερό το έδαφος, ενώ άναβαν φωτιές με άχυρα και πηδούσαν τρεις φορές πάνω από αυτές για να εξαγνιστούν. Η γιορτή αυτή διατηρήθηκε μέχρι το 787 μ.Χ, οπότε καταργήθηκε με απόφαση της Ζ' Οικουμενικής Συνόδου. Το έθιμο με τις φωτιές κρατά έως σήμερα.

Στις 22 Απριλίου γιόρταζαν με κρασοκαταγύξεις τα Βινάλια Πριόρα (Vinalia Prioria), δηλαδή τα Πρώτα Οινοφόρια.

Στις 28 Απριλίου ξεκινούσαν τα Φλοράλια (Floralia), τα ρωμαϊκά Ανθεστήρια, προς τιμή της Flora, θεάς της βλάστησης και της άνοιξης.

Στο αρχαίο Αττικό ημερολόγιο ο Μάρτιος αντιστοιχούσε με το δεύτερο δεκαπενθήμερο του μήνα Ελαφηβολιώνα και το πρώτο δεκαπενθήμερο του μήνα Μουνυχιώνα. Το διάστημα αυτό στην Αθήνα γιορτάζονταν τα:

Γαλάξια, προς τιμή της Ρέας.

Ελαφηβόλια, προς τιμή της θεάς Αρτέμιδας.

Μουνίχια, προς τιμή της Θεάς Αρτέμιδας.

Δελφίνια, προς τιμή του Απόλλωνα και της Αρτέμιδας.

#### Λαονραφία:

Απρίλιος

Ο Απρίλης με τον Μάη είναι οι μήνες των λουλουδιών («Ο Απρίλης με τα λούλουδα και ο Μάης με τα ρόδα»). Η βροχή του Απρίλη θεωρείται από τους γεωργούς πολύ ευεργετική («Αν κάνει ο Μάρτης δυο νερά και ο Απρίλης άλλο ένα, χαρά σ' εκείνο το ζευγά που 'χει πολλά σπαρμένα»). Στη Θράκη το βρόχινο νερό της πρωταπριλιάς θεωρείται θεραπευτικό. Παλαιότερα το μάζευαν σε μπουκάλι και το έδιναν στους αρρώστους.

#### Ο Απρίλης αποκαλείται στις διάφορες ντοπιολαλιές:

Γρίλλης, δηλαδή γκρινιάρης, γιατί συνήθως τελείωναν τα γεωργικά αποθέματα από τις προηγούμενες συγκομιδές κι άρχιζαν οι γκρίνιες στην οικογένεια.

Τιναχτοκοφινίδης ή Τιναχτοκοφινίτης, επειδή καθαρίζονταν τα κοφίνια για να καθαριστούν.

**Ξεροκοφινάς,** γιατί τελείωναν πάντα οι φτωχές συγκομιδές των γεωργών.

Αηγιωργίτης ή Αηγιωργάτης, λόγω της μεγάλης χριστιανικής εορτής του Αγίου Γεωργίου (23 Απριλίου). Λαμπριάτης, λόγω του Ορθόδοξου Χριστιανικού Πάσχα ή Λαμπρής, που επισυμβαίνει συνήθως τον

Τριανταφυλλάς, επειδή τον Απρίλιο ανθίζουν οι τριανταφυλλιές.

Κάθε χρόνο την Πρωταπριλιά αναβιώνει το έθιμο με τα αθώα ψέματα και αστεία, που είναι κοινό για όλους σχεδόν τους λαούς.

#### In the year of the Lord - March 2019 Monday Wednesday Thursda Sunday Tuesday Friday Saturday + Saturday of Crab Feed Souls 9am Dinner 7pm Goya B-ball GOYA B-ball (home) 6pm - 10pm Vs St. Basil Panagia's + Saturday of Judgment Sunday Little Lambs Orthros 8:45 am Souls 9am GOYA B-ball 10:30 am - 11:30 am Liturgy 10 am 6pm - 10pm Greek school General Assembly Greek School Paint Night 5pm Sunday School 5:30 pm - 7:00 pm Goya B-ball (home) Goya B-ball (hm) Vs St. Anthony vs St. Nicholas + Forgiveness Pre-sanctified Α΄ Χαιρετισμοί Saturday of 1st Salutation Liturgy 10am Souls 9am Sunday Clean Monday Orthros 8:45 am 7pm ompline Service & Panagia's Liturgy 10am Koulouma 6 pm Little Lambs **GOYA B-ball** 10:30 am - 11:30 am FDF Recognition 6pm - 10pm **Great Lent starts** Sunday School Greek School Goya B-ball (away) 5:30 pm - 7:00 pm vs St. George 19 20 22 23 + Sunday of Β΄ Χαιρετισμοί Pre-sanctified Orthodoxy 2nd Salutation Liturgy 10am P. C. Meeting Orthros 8:45 am 7pm 7:00 pm Liturgy 10 am Panagia's **GOYA B-ball** Little Lambs 6pm - 10pm 10:30 am - 11:30 am Sunday School Goya B-ball (home) Greek School vs St. Sophia 5:30 pm - 7:00 pm 24 25 28 29 30 + + Sunday of Annunciation Pre-sanctified 🛨 Γ΄ Χαιρετισμοί St. Gregory Palamas of the Liturgy 10am 3rd Salutation Orthros 8:45 am, Theotokos Liturgy 10am Orthros & Panagia's 7pm Divine Liturgy 9am Little Lambs Greek school 10:30 am - 11:30 am Independence Day GOYA B-ball - Goya B-ball (away) Greek School 6pm - 10pm vs St. Katherine 5:30 pm - 7:00 pm 31 + Sunday of **Holy Cross** Orthros 8:45 am,

In the	year	of the	Lord -	<b>April 2019</b>
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Sunday	Monday	Tuesday	Wednesd	Thursday	Friday	Saturday
	1	2	3 Presanctified Liturgy 10am Panagia's Little Lambs 10:30 am - 11:30 am Greek School 5:30 pm - 7:00 pm	4	Δ' Χαιρετισμοί 4th Salutation 7pm  GOYA B-ball 6pm - 10pm	6 Goya B-ball Quarter-finals Day 1
7	8	9	10 Presanctified Liturgy 10am Panagia's Little Lambs 10:30 am - 11:30 am Greek School 5:30 pm - 7:00 pm	11	+ Ακάθιστος Ύμνος Akathist Hymn GOYA B-ball 6pm - 10pm	13 Goya B-ball Semi-finals
14	15	P. C. Meeting 7:00 pm	17	18	Holy Week Retreat 6:00 pm Philoptochos: Baking tsourekia	20 Tου Λαζάρου Lazarus Saturday Orthros & D. Liturgy 9 am
Tov Batov Palm Sunday Orthros 8:45am Liturgy 10 am Luncheon sponsored by DOP	M. ΔΕΥΤΕΡΑ Holy Monday	Holy Tuesday Των 10 Παρθένων	24 M. TETARTH Holy Wednesday Mέγα Ευχέλαιον Sacrament of Holy Unction 3 pm	25 M. ΠΕΜΙΤΤΗ Holy Thursday Holy Thursday O Μυστικός Δείπνος Liturgy of St. Basil 9:00 am Service of the Passion 7 pm	26 M. ΠΑΡΑΣΚΕΥΗ Holy Friday To Αγια Πάθη Του Κυρίου Reading of the Royal Hours 1:00 pm (Αποκαθήλωσις) Descent from the Cross 2:30pm	27 M. ΣΑΒΒΑΤΟ Holy Saturday H Ταφή του Κυρίου Liturgy of St. Basil 9:00 am The Canon 11:15 pm Resurrection
F Bridegroom Service 7 pm (Του Νυμφίου)  28 F ΤΟ ΑΓΙΟΝ ΠΑΣΧΑ EASTER SUNDAY Agape Service	Fidegroom Service 7 pm (Του Νυμφίου)  29 Great Martyr George Orthros 9:15 am D. Liturgy 10 am	Fidegroom Service 7 pm (Του Νυμφίου)  30		Philoptochos: Dying red eggs after the morning service	(Επιτάφιος) Lamentations Service 7 pm	Service and Liturgy 12 midnight "Supper" to follow
	St. George Downey Office closed					Page 9

Goya B-ball (away)

Liturgy 10am