

ASSUMPTION OF THE
BLESSED VIRGIN MARY
5761 E. Colorado St.
Long Beach, CA 90814

NON-PROFIT ORG
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LONG BEACH, CA
PERMIT NO. 344

THE PANAGIA

Assumption Of the Blessed Virgin Mary
Greek Orthodox Church
Long Beach, CA



Worship Services

Regular Schedule

Orthros 8:45 AM

Divine Liturgy 10:00 AM

**NOTE: Sunday Divine
Liturgy starts at
10:00AM year-round.**

*See enclosed calendar for
dates and times of other ser-
vices this month.*



**MAY & JUNE
2017**

Assumption of the Blessed Virgin Mary Greek Orthodox Church

5761 East Colorado Street, Long Beach, CA 90814-1954

Phone (562) 494-8929 - Fax (562) 985-1379

Email – office@assumptionlb.org

Rev. Fr. Christos Kanakis, Proistamenos

frchristos@assumptionlb.org

Voula Michail-Kitsios, Executive Admin. Assistant

Jorge Rivera, Custodian

PARISH COUNCIL MEMBERS

Jimmy Eleopoulos, President

Nick Monios, Vice President

Jerry Polychrones, Recording Secretary

Tasos Papas, Responding Secretary

Angelo Karapoulios, Treasurer

Members

Spiros Beckas, George Demos, Chris Dolas,
George Karidakis, Athena Mantas, Ajit Shahani,
Anthony Zoolakis, Stelios Zoumberakis

AHEPA

Tasos Papas - President

Bookstore

Zoe Falley - Administrator

Bulletin Coordinator

Voula Michail - Kitsios

Choir

Jerry McMillan - Director

Costa Kourtis - Advisor

Church School

Olivia Varonos

Daughters of Penelope

Sofie Batshoun

Family Night

Sam Platis

GOYA

Eleni Dalkos & Christina Gillotti - Advisors

Greek Cultural Arts and Dance

Patty Ladas - President

Dina Lioulis - Vice President

Greek School

Tasia Triantos - Principal

Dina Triantos - President

Hope/Joy/VBS

Maria Georgakopoulos - Advisor

Panagia's Little Lambs

Elizabeth Syrengelas

PHILOPTOCHOS

Karen Fic - President

Mary Lofton - 1st Vice President

Lia Kakaris - Secretary

Sophie Batshoun - Corres. Secretary

Kathy Bastas - Treasurer

Bobbie Soupos - Advisor.

Senior Christians

Nick Monios - President

Trisagio Ministry

Max & Mary Lofton,

Vickie Hennig, Yiota Beckas

Web Site

David Derks

Welcome Ministry

Kathy Bastas (Chair),

Camille Dolas, Kay Platis,

Young Adults

YoungAdultsLB@gmail.com

Ο Άγιος Χριστόφορος (5/9)

Ο Άγιος Μεγαλομάρτυς Χριστόφορος καταγόταν από ημιβάρβαρη φυλή και ονομαζόταν Ρεμπρόβος, που σημαίνει αδόκιμος, αποδοκιμασμένος, κολασμένος. Πιθανότατα έζησε κατά τους χρόνους του αυτοκράτορα Δεκίου (249 - 251 μ.Χ.), όταν στην Αντιόχεια Επίσκοπος ήταν ο Άγιος Ιερομάρτυς Βαβύλας.

Ο Άγιος ως προς την εξωτερική εμφάνιση ήταν τόσο πολύ άσχημος, γι' αυτό και αποκαλείτο «κυνοπρόσωπος».

Η μεταστροφή του στον Χριστό έγινε με τρόπο θαυμαστό. Συνελήφθη αιχμάλωτος σε μάχη, που διεξήγαγε το έθνος του με τα Ρωμαϊκά αυτοκρατορικά στρατεύματα. Κατατάγηκε στις Ρωμαϊκές λεγεώνες και πολέμησε κατά των Περσών, επί Γορδίου και Φιλίππου.

Όταν ήταν ακόμη κατειχόμενος, για να ευχαριστήσει τον Χριστό, εγκαταστάθηκε σε επικίνδυνη δίοδο ποταμού και μετέφερε δωρεάν επί των ώμων του εκείνους που επιθυμούσαν να διέλθουν τον ποταμό. Μια μέρα παρουσιάστηκε προς αυτόν μικρό παιδί, το οποίο τον παρακάλεσε να τον περάσει στην απέναντι όχθη. Ο Ρεμπρόβος πρόθυμα το έθεσε επί των ώμων του και στηριζόμενος επί της ράβδου του εισήλθε στον ποταμό. Όσο όμως προχωρούσε, τόσο το βάρος του παιδιού αυξανόταν, ώστε με μεγάλο κόπο κατόρθωσε να φθάσει στην απέναντι όχθη. Μόλις έφθασε στον προορισμό του, κατάκοπος είπε στο παιδί ότι και όλο τον κόσμο να σήκωνε δεν θα ήταν τόσο βαρύς. Το παιδί του απάντησε: «Μην απορείς, διότι δεν μετέφερες μόνο τον κόσμο όλο, αλλά και τον πλάσαντα αυτόν. Είμαι Εκείνος στην υπηρεσία του Οποίου έθεσες τις δυνάμεις σου και σε απόδειξη αυτού φύτεψε το ραβδί σου και αύριο θα έχει βλαστήσει», και αμέσως εξαφανίστηκε. Ο Ρεμπρόβος φύτεψε την ράβδο και την επομένη την βρήκε πράγματι να έχει βλαστήσει. Μετά το περιστατικό αυτό βαπτίσθηκε Χριστιανός από τον Άγιο Ιερομάρτυρα Βαβύλα, ο οποίος τον μετονόμασε σε Χριστόφορο. Η άκτιστη θεία Χάρη, που έλαβε την ώρα του βαπτίσματος και του Χρίσματος, μεταμόρφωσε όλη του την ύπαρξη. Και αυτή ακόμα η δύσμορφη όψη του φαινόταν φωτεινότερη και ομορφότερη.

Στην Ορθόδοξη αγιογραφία ο Άγιος εικονίζεται να μεταφέρει στον ώμο του τον Χριστό. Εξ' αφορμής ίσως του γεγονότος αυτού θεωρείται προστάτης των οδηγών και στο Μικρόν Ευχολόγιον και συγκεκριμένα στην Ακολουθία «επί ευλογήσει νέου οχήματος» υπάρχει, πρώτο στη σειρά, το απολυτίκιό του.

Κατά τον τότε διωγμό εναντίον των Χριστιανών, λίγο μετά την βάπτισή του, είδε Χριστιανούς να κακοποιούνται από τους ειδωλολάτρεις. Από αγανάκτηση επενέβη και έκανε δριμύτατες παρατηρήσεις προς αυτούς, διέφυγε δε τη σύλληψη χάρη στο γιγαντιαίο του παράστημα και την ηράκλεια δύναμή του. Καταγγέλθηκε όμως στον αυτοκράτορα και διατάχθηκε η σύλληψή του. Λέγεται ότι η αφορμή για τον αποκεφαλισμό του (το έτος 250 μ.Χ.) ήταν η μεταστροφή στον χριστιανισμό από το κήρυγμα του αγίου, δύο γυναικών ελευθέρων ηθών, της Καλλίνικης και της Ακυλίνας, αλλά και Ρωμαίων στρατιωτών.

Κατά την παράδοση του ελληνικού λαού ο άγιος Χριστοφόρος θεωρείται προστάτης των χωραφιών και των αμπελιών από τις δυσμενείς καιρικές συνθήκες και ιδιαίτερα από την πτώση χαλαζιού. Στους νεώτερους χρόνους, άρχισε να θεωρείται προστάτης των αυτοκινητιστών, των οδοιπόρων και του Σώματος Εφοδιασμού-Μεταφορών του Στρατού.

BAPTISMS

4/29/17

Nicholas George Karmiris

Proud Parents: Christopher & Christina
Karmiris

Godmothers: Stavroula & Hara Dalkos
Congratulations!

WITH SYMPATHY

To Zambos family for the loss of their mother
Evangeline (Angie) Zambos on 3/29/17.
May her memory be eternal.

To Colachis family for the loss of Chris
Colachis on 4/10/17.
May his memory be eternal.

May's & June's Prosforo

May's prosforo is donated by Peggy Dogris
and June's prosforo is donated by Athena
Sehremelis. Thank you. If you would like to
donate the Prosforo please call the office.

Little Lambs

All of our Little Lambs have grown another year older and a little bit closer to God. Another successful and amazing year in Panagia's Little Lambs is coming to an end. The smiles on the children's faces light up the room as they walk in each week. The joy while they sing and dance is off the charts. The messes made while they make crafts is a measure of fun being had. The friendships made are worth more than gold. Truly, the reward is when the children are excited to go to church and so happy when they see their friends there.

We still have a few more weeks together! Our last day and end of year celebration is on June 7. Please join in on the fun and learning each Wednesday 10:30-11:30, children 4 years old and younger.

Thank you to each and every mom and yiayia who has made Panagia's Little Lambs a priority. Your dedication has made this ministry flourish. Some days (ok...most days) can be difficult getting toddlers and babies out of the house but you did it! Not only have the children created many bonds and memories, so have the parents. In Panagia's Little Lambs moms having other moms to bounce ideas off of or to get advice from. More than anything we have so much fun laughing and talking together.

Train up a child in the way he should go; even when he is old he will not depart from it. -Proverbs 22:6

Love, Elizabeth Syrengelas

Greek School

Congratulations to our Student
of the Month,

Demetra Syrengelas (Level 1)

Greek School Graduation & Party News:

It will be on May 17th at 5:30-7:30pm

in the large classroom upstairs

Dinner & Magic Show

All Greek School families are invited.

Καλό Καλοκαίρι!

*Many new and exciting things happening
with Greek School.*

Follow us on Facebook (Assumption Greek School).

HRISTOS ANESTI! CHRIST HAS RISEN!

Philoptochos

Hoping that your hearts have been filled with joy as we received another gift of life from Jesus Christ! Many, many thanks to Father Christos and all those who helped lead us all through the 40 day Lenten Journey.

Thank you Yiota Beckas, Kathy Bastas and the rest of the Philoptochos bakers. Our Tsourekia was a sell out! With the support of our community, the sales of Easter goodies have enabled Philoptochos to continue their outreach.

The beautiful red eggs were dyed and packaged by Cecilia Kourtis and her team. Ladies you did an exceptional job! A special thank you to Nick and Eleni Triantos and family for the egg donation every year. Philoptochos brought Easter wishes, Tsourekia, koulourakia and red eggs to shut in's from our community. There are approximately 30 members in our community who cannot make it to church and need visiting. If you would like to join Philoptochos in visitations, please contact Mary Lofton or Kay Platis. Thank you Mary and Kay for the lovely work that you do. Thank you also to Zoe Falley, Linda Georges and Kathy Bastas and Bobbie Soupos for joining in bringing love and happiness with your visits. The more people we have helping, the more often we can visit.

Once again, Long Beach Philoptochos ladies attended For The Child Circle of Friends at the Sheraton Hotel in Long Beach. This event recognizes all those who so generously give to the children in need in Long Beach.



Kids 'n' Cancer reception will be held this year at **NEWPORT BEACH COUNTRY CLUB**.

At the reception, donations from each Philoptochos and church communities are given to help send children stricken with cancer and their families to Camp Agape. The reception is

May 7th at 2:00 p.m. If you are interested in going, please be sure to send in your reservation. If you need a ride please contact me at 562-416-5565. Thank you to all those in our community who so generously donated to this very worthy ministry.

Philoptochos will be recognizing it's 2017 graduates! If you have a High School or College graduate, let us know. We want to show you how proud we are of you. Please contact Karen at 562-416-5565 or email at kfs90241@yahoo.com.

Festival time is just around the corner and Long Beach Festival is truly known for its authentic baked goods. What this means is, baking time is ahead. Please check the weekly bulletin or the church calendar for the baking schedule. It is with your hands and heart that we are so successful. Join in the baking fun, learn new recipes and meet new people.

Last year, with the help of Father Christos and the children of Assumption Vacation Bible School, we were able to donate 43 backpacks filled with school supplies. These backpacks and the backpacks of our children were blessed by Father. That time of the year is approaching and it is our hope to have many more backpacks blessed this year. These backpacks are donated to FOR THE CHILD. If you are interested in donating a backpack and you don't want to shop for it, let Philoptochos do the shopping for you. We will be setting up a table for all donations in the church hall.

Our Philoptochos chapter needs to grow and spread it's Philanthropy farther and farther. We can do this only with your help! If you are not a Philoptochos member, now is the time to join and find out what we are all about. Your membership dues of \$40 or more helps Philoptochos fulfill its mission to help the poor, the destitute, the hungry, the aged, the sick, the unemployed, the orphaned, the imprisoned, the widowed, the handicapped, the victims of disasters, to undertake the burial of impoverished persons and to offer assistance to anyone who may need the help of the Church. This is just a part of our mission, but we need you all to help. BE A PART OF THIS MISSION. BE A MEMBER OF ASSUMPTION PHILOPTOCHOS. If you need a membership form, stop any board member and we will get that to you!

Your Sister in Christ,
Karen Fic, Philoptochos President.

it's a BOY!



**Community Baby Shower Honoring
Presvytera Jessica
Sunday June 25th, 2017**

Ladies Please Join Us Immediately Following Church

**Please RSVP By June 15th
Seating By RSVP Only**

**Bobbie Soupos 714 307-1488 or
babyshower2017rsvp@gmail.com**



**Hosted By: Panagia's Family and Friends
Presvytera Is Registered At
Babies R Us**



Mitchell Peter
Monios Nick & Linda
Moreno Russ & Stephanie
Morgan Valerie
Nakai Keiichi & Saki
Papacalos George & Lucia
Papadakis Lillian & Andrianna
Papadakis Michael & Janel
Papadopoulos Evangelos & Lorraine
Papakoulos Angie
Papas Tasos & Georgia
Pappas Dino & Catherine
Pappas Mark & Shari
Pappas Victor & Christina
Paulos Mary
Paulos Nicholas
Phillips Crystal
Photakis Nicholas & Lorraine
Platis Jim & Kay
Politis Spiros & Assal
Polychrones Jerry & Marianna
Polychrones Speros & Theodora
Ragias Pete & Maria
Raptis Maria
Richmond Dan & Doris
Roumeliotis George & Pamela
Rous William & Tianna
Russos Asimina
Russos Manolis
Salsman Mel & Andria
Sehremelis Andy & Leslie
Shahani Ajit & Georgiadou Vicki
Sharkoff Dr. Donald & Anna
Sharkoff Dr. James & Katherine
Shweiri Cathy & George
Simitian Richard & Anna
Siouris Chris & Panayota
Siouris Faith
Skourtas Tony & Angelique
Smyrniotis Christos & Mary
Sotiriou Dimitri & Christina
Sotiriou Elias
Sotiriou Panagiotis & Vasiliki
Soultanakis Trudie
Soupos Tom & Bobbie
Spiropoulos Troy & Gina
Stapakis Olympia
Stapakis Steve & Joanne
Stathis Robert & Josefa
Stavros Andy & Amber
Stavros Louis & Mary

Stavros Theodoros & Olga
Stavros Tom
Stevenson Gus & Leona
Sullos James & Vickie
Syrengelas A. Kon/nos
Syrengelas Andreas & Niky
Syrengelas Andy & Evdoxia
Syrengelas Michael & Elizabeth
Syrengelas Soteria
Talaganis Ernest
Talaganis John & Kathleen
Tavlarides Angelo & Mary
Teodosiadis Romilos & Melpomeni
Terzis Con/nos & Suzanna
Thermos Jerry & Elli
Thibault Irene
Thomas Susan
Toulios Spyros & Eleni
Toumasis Kyriaky
Tsalikis Maria
Tsamous Peter & Helen
Tsimerekis Anna
Tsimerekis Christos & Christina
Vackrinis Catherine
Vagelatos John
Valaskantjis Nikiforos & Georgia
Vargo Douglas & Elefteria
Varzak Darlene
Vasilomanolakis Dr. Mike & Niki
Vassiliades John
Vlachos Dino & Helen
Vlachos Michael & Jessa
Vorias Maria
Vorris Athanasios & Niki
Watkins Evangelia
Zambos Angie
Zambos John
Zarifes Angie
Zoolakis Anthony & Kari
Zorzy Josephine
Zoumberakis John
Zoumberakis Stelios & Anastacia

Panagia's Stewardship Family as of April 15, 2017

Ala Eli
Ala George
Ala Lisa
Alex Helen
Alexiou Demi
Alexopoulos Andrew
Alexopoulos Christina
Alexopoulos Dimitrios & Maria
Alvertos Ioannis & Georgia
Amarantos Harriet
Andrews Dr. Jim & Nikki
Andrikos Ioannis & Argyro
Andros Nick
Apostle Helen
Argyros Dionisios & Irini
Argyros Phillip & Amy
Armstrong Randy & Janet
Ashley James & Stella
Awad John & Litsa
Bacol Penny
Bacol Pete & Ria
Bacol Sina
Bahos Kanella
Bastas Niko & Kathy
Bateh Eric & Nancy
Batshoun Emil & Toulia
Beckas Spiro & Eleni
Beckas Yiota
Berdanis John
Berovinos Michael & Kimberly
Berovinos Tony & Bonnie
Bisbikis Toulia & Argyroula
Bouras Peter
Boyce Maria
Bratkic Jure & Demetra
Breses Zena
Brillakis Gus & Nicki
Brooks Harriet
Bussa Tom & Maria
Camaras Dean & Nicole
Cardenas Roberto & Alexia
Castritis Demetrios
Celentano John & Olga
Chelekis Louis & Vicki
Chenes Charles
Chioles Jim & Effie
Choullis Manolis & Sotiria
Christou Nicholas
Chrysochoidis Kostas & Ramona

Colazas Xenophon & Mila
Contos Angeliki
Cook Jeff & Susan
Cornwell Caryle & Demetra
Coroneus John & Xanthipe
Cottgias Manuel
Currier Travis
Cyprus Brandon
Cyprus Brett & Jane
Cyprus Kayla
Dalkos Chris & Roula
Dalkos John & Stavroula
Deneff Alkisti
Deneff Anthony
Deneff Peter & Diane
Deralas Dean
Desalernos Stephen & Julia
Desalernos Stephen & Stefanie
Dimas Michael & Maria
Dogris Alex & Peggy
Dolas Chris
Dolas James & Angela
Dollas Jim & Camille
Donlou Gordon & Maria
Edwards Nickolas & Pamela
Etchepare Anna
Exacoustos Stella
Falley Zoe
Fattaleh Raja
Fenn Brad & Anna
Fic Karen
Fillippis George & Christina
Foutris Constantine & Christine
Francis Timotheus & Georgi
Futris William & Mary
Galanis Gerry & Marian
Georgesdes Katy
Georges Louie & Penny
Georgoulis George & Anna
Ghillarducci Walt & Laura
Giannoulis Anastasia
Gurrola Raymond & Mary
Hadjimarkos Nick & Stemma
Hallock Rod & Shirley
Hanches Fotini
Haririan Alka
Hatzidakis Yiannis & Christina
Hatziris Anna & Frabgoulis
Hennig Vickie

Hernandez Richard & Matilda
Hourigan Joseph & Nickie
Jordanides Timothy & Ria
Jovicic Goran & Alexandria
Kakaris Telis & Lia
Kallins George & Bettina
Kanakis Panagiotis & Evangelia
Karahalios Carole
Karahalios George & Angie
Karapoulios Angelo & Eleni
Karapoulios Greg
Karapoulios Tia
Karmiris Christopher & Christina
Karthas Nicholas
Kiouisis Spiro & Katerina
Konstantinidis Byron & Kaite
Kontes Nick & Christina
Kontokanis Dimitrios & Maria
Koromelas John & Tina
Kostallas Anthony & Cathy
Kountakis Eugenia
Kouris Gregory & Patricia
Kourtis Costa & Cecilia
Kral Michael & Lisa
Kyriakos Spiros & Lainie
Lambros Mary
Liarakos George & Dezi
Liarakos John & Tessy
Liarakos Voula
Lofton Max & Mary
Loizides Goerge & Rodoula
Lovejoy Jeremy & Nectaria
Makas Diane
Mangoutas John & Barbara
Manolas Georgia
Manos Denise
Manos Dr. Andy & Pamela
Mantikas Nick & Katherine
Markouizos George & Argyro
Markouizos Karolos & Georgia
Markouizos Markella
Markouizos Nektarios & Lisa
Matinas Christopher & Catherine
Matty Dave & Barbara
Megas Eutihia
Mentas Ann
Michel David & Vasiliki
Michel Erik & Jennifer
Milonas Dina



Join us to celebrate
**Mother's Day &
Sunday School Graduation**

When: Sunday, May 14 after church

Where: Betty Reckas Cultural Center

RSVP: LBmothersdaybrunch@gmail.com

Brunch menu:

Ham & cheese

Quiche

Home-style

potatoes

Pancakes

Fresh fruit

Mimosas

Coffee

Adults \$15 Children \$8

In the year of the Lord - May 2017

In the year of the Lord - June 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1	2 Gr. Dance Practice/Seminar 6pm - 7:30pm	3	4	5 GOYA B-ball practice 5pm - 10 pm	6
7 ✚ Του Παραλύτου Sunday of the Paralytic Orthros 8:45 am Divine Liturgy 10:00 am Goya Finals - Here Kids "n" Cancer Newport Beach	8	9 Gr. Dance Practice/Seminar 6pm - 7:30pm	10 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm	11	12	13
14 ✚ Της Σαμαρειτιδος Sunday of the Samaritan Woman Orthros 8:45 am Divine Liturgy 10:00am Sunday School Graduation & Mother's day Brunch Graduate Recognition	15	16 Senior Christians Potluck 11:30 am P. C. Meeting 7pm Gr. Dance Practice/Seminar 6pm - 7:30pm	17 Little Lambs 10:30 - 11:30 am Last day of Greek School 5:30 pm - 7pm Adult Orthodoxy class & Bible Study 6pm - 7pm	18	19	20
21 ✚ Του Τυφλού Κων/νου & Ελένης Sunday of the Blind Man Orthros 8:45 am Divine Liturgy 10:00 am	22	23 Gr. Dance Practice/Seminar 6pm - 7:30pm	24 Little Lambs 10:30 - 11:30 am	25	26	27
28 ✚ Α' Οικ. Σύν. Fathers of the A' Ecum. Council Orthros 8:45 am Divine Liturgy 10:00am	29 OFFICE CLOSED (Memorial Day)	30 Gr. Dance Practice/Seminar 6pm - 7:30pm	31 Little Lambs 10:30 - 11:30 am			

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3 ✚ Ψυχοαάββατο Saturday of Souls Orthros 9:30 am Divine Liturgy 10:00am
4 ✚ Πεντηκοστής Pentecost Orthros 8:45 am Divine Liturgy 10:00 am	5	6	7 Last Day of Little Lambs 10:30 - 11:30 am	8	9 Futsal League 6 pm - 7:15 pm	10
11 ✚ Αγίων Πάντων All Saints Orthros 8:45 am Divine Liturgy 10:00am	12	13	14	15	16 Futsal League 6 pm - 7:15 pm	17
18 ✚ Β' Ματθαίου. 2nd Sunday of Matthew Orthros 8:45 am Divine Liturgy 10:00am	19	20 Senior Christians Potluck 11:30 am P. C. Meeting 7pm	21	22	23 Futsal League 6 pm - 7:15 pm	24
25 ✚ Γ' Ματθαίου. 3rd Sunday of Matthew Orthros 8:45 am Divine Liturgy 10:00am	26	27	28	29	30 Futsal League 6 pm - 7:15 pm	