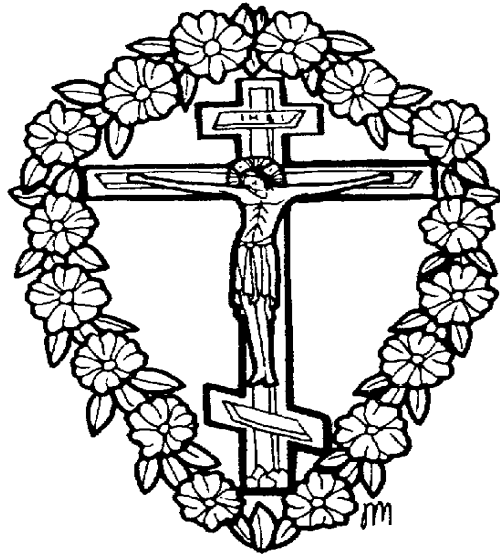


ASSUMPTION OF THE
BLESSED VIRGIN MARY
5761 E. Colorado St.
Long Beach, CA 90814

NON-PROFIT ORG
US POSTAGE PAID
LONG BEACH, CA
PERMIT NO. 344

THE PANAGIA

Assumption Of the Blessed Virgin Mary
Greek Orthodox Church
Long Beach, CA



Worship Services

Regular Schedule

Orthros 8:45 AM

Divine Liturgy 10:00 AM

**NOTE: Sunday Divine
Liturgy starts at
10:00AM year-round.**

*See enclosed calendar for
dates and times of other ser-
vices this month.*



APRIL 2017

Assumption of the Blessed Virgin Mary Greek Orthodox Church

5761 East Colorado Street, Long Beach, CA 90814-1954

Phone (562) 494-8929 - Fax (562) 985-1379

Email - office@assumptionlb.org

Rev. Fr. Christos Kanakis, Proistamenos

frchristos@assumptionlb.org

Voula Michail-Kitsios, Executive Admin. Assistant

Jorge Rivera, Custodian

PARISH COUNCIL MEMBERS

Jimmy Eleopoulos, President

Nick Monios, Vice President

Jerry Polychrones, Recording Secretary

Tasos Papas, Responding Secretary

Angelo Karapoulos, Treasurer

Members

Spiros Beckas, George Demos, Chris Dolas,
George Karidakis, Athena Mantas, Ajit Shahani,
Anthony Zoolakis, Stelios Zoumberakis

AHEPA

Tasos Papas - President

Bookstore

Zoe Falley - Administrator

Bulletin Coordinator

Voula Michail - Kitsios

Choir

Jerry McMillan - Director

Costa Kourtis - Advisor

Church School

Olivia Varonos

Daughters of Penelope

Sofie Batshoun

Family Night

Sam Platis

GOYA

Eleni Dalkos & Christina Gillotti - Advisors

Greek Cultural Arts and Dance

Patty Ladas - President

Dina Lioulis - Vice President

Greek School

Tasia Triantos - Principal

Dina Triantos - President

Hope/Joy/VBS

Maria Georgakopoulos - Advisor

Panagia's Little Lambs

Elizabeth Syrengelas

PHILOPTOCHOS

Karen Fic - President

Mary Lofton - 1st Vice President

Lia Kakaris - Secretary

Sophie Batshoun - Corres. Secretary

Kathy Bastas - Treasurer

Bobbie Soupos - Advisor.

Senior Christians

Nick Monios - President

Trisagio Ministry

Max & Mary Lofton,

Vickie Hennig, Yiota Beckas

Web Site

David Derks

Welcome Ministry

Kathy Bastas (Chair),

Camille Dolas, Kay Platis,

Young Adults

YoungAdultsLB@gmail.com

Deadline: Palm Sunday



**GOYA Presents:
Good Friday
Luminaries**
(Lambathes)



Let's light our path around the church with the names of
Our loved ones who have passed on and
Our wishes for the health of our family and friends.

Our Goyans will personalize each candle-lit bag (lambatha) with:

† In the Memory of... OR

† For the Health of...

The bags will be lined around the church along the path of the Epitaphio.

Each bag costs \$5.00. Orders can be placed in two ways, either:

† Visit our display table after church on Sunday or

† Write the names on the form below and mail with a check payable to

Assumption Goya to:

Nicolette Simitian

19601 Summer Grove Lane, Hunt. Bch., CA 92648

(Please Only: Names of ONE family or TWO people, per bag. Thank you)

Ordered by:
Phone #:
In Memory of/To the Health of: (Circle One)
Family Name:
OR
Person #1:
Person #2:
Paid by: Cash/Check No.:

Ordered by:
Phone #:
In Memory of/To the Health of: (Circle One)
Family Name:
OR
Person #1:
Person #2:
Paid by: Cash/Check No.:

If you need more than 2 bags, simply write out the information on a separate piece of paper.

BAPTISMS

3/4/17

Talia Eleni Dolas

Proud Parents: James & Angela Dolas

Godparent: Anthony Deneff

Congratulations!

April's Prosforo

Is donated by Vickie Hennig & Mary Lambros. Thank you. If you would like to donate the Prosforo please call the office.

GOYA Basketball Practices & Games

We will be having practices every Friday evening in the gym as we have been doing in past years from 5 pm - 10 pm all the way through to May 5. (Except 4/14 - Good Friday).

Home Games

Our home games will be from 1:00 pm to 8:00 pm:

- **Saturday, 4/1** vs. St. Nicholas
- Sunday, 4/2 vs. St. Basil
- Sunday, 4/23 vs. St. George

Little Lambs

We are continuing to grow and learn in Panagia's Little Lambs class. I encourage all parents, yiayias, papous and caregivers to bring little ones 4 years and younger to our class. It's always a great time to join in on all the excitement. Our goal is to start them young and get them hooked!

Love, Elizabeth Syrengelas

Greek School

Congratulations to our Student of the Month,
Gabriella Jordanides (Kindergarten)

Thanks to everyone who helped make 25th of March a spectacular day.

Congratulations to all the teachers and their students for a wonderful job well done.

There will be no classes on Holy Wednesday, April 12th. All students must come to the afternoon Service of Holy Unction with their parents at 3:00pm. Καλό Πάσχα!

Many new and exciting things happening with Greek School.

Follow us on Facebook (Assumption Greek School).

Sunday Religious Education

These next few weeks leading up to Pascha we will be creating a book taking us through the days of Holy Week. We encourage all students to be present during Sunday school to complete a book and bring it with them to the Lenten Retreat on April 7 to add special reminders to keep for years to come. Also a friendly reminder to please have your child sit up in the front left (facing the altar) so Father can address all the kids in a small sermon before Sunday School.

If your daughter is a 2nd-6th grader and would like participate in being a Myrrh Bearer during Holy Week please contact okvaronos@gmail.com for more information.

Thank you, Olivia Varonos

HOLY WEEK AND EASTER FLOWERS

With your help, Katy Georgedes will adorn our church. Flowers needed for Palm Sunday, Nymphios, Crucifixion, and Resurrection icons. Also, for the Epitaphios (Christ's tomb), and Easter lilies to decorate the Church for Easter. Thank you for your generosity.

Thank you to all those who attended our annual Philoptochos membership luncheon. It was a fun and successful afternoon! We received 30 -- 2017 memberships, some of which have never been members before! This brings our membership to 91 members to date. If you haven't sent in your 2017 membership, there is still time. Our goal is to have each and every member of Assumption also as a member of the #1 women's Christian organization in America. We need your support to continue the out pour of philanthropy that Philoptochos does. If you need a membership form, stop at the Philoptochos table on Sunday, they are waiting for you!

Our baking team will be baking Tsourekia on Saturday, April 8th. We need your hands and help. If you are interested in helping, come to the kitchen that morning.

If you wish to purchase your Easter baked goods, please contact Voula at the church office and get your order in! We want to be sure to bake enough for all the families. Don't miss out! Be sure to see the flyer (posted on page 5) in the Panagia for the list of Easter sweets available to order. Orders can be picked up on Palm Sunday April 9th.

KIDS 'N' CANCER letters were sent out to each of our parishioners last month. This is a very special ministry and our Assumption community has been a leader over the past years ensuring that children stricken with cancer and their families enjoy a 4 day camping experience. Please remember these children and send in your donation. A reception for Kids 'n' Cancer will be held on May 7th at Big Canyon Country Club in Newport Beach. If you are interested in attending the reception, please stop by the Philoptochos table to get information. Reservations must be in by April 21st.

Every two years, Philoptochos board member elections take place. Letters of notification have been sent out. If you have time to get involved, are able to work with others, have a passion for Philoptochos and have met your stewardship for our church and Philoptochos and you are interested in being a board member, please be sure to contact Lia Kakaris or Karen Fic. Our election will take place on Sunday April 30th.

If you are an upcoming high school or college graduate, we are proud of you and would like to honor you. Please contact Karen at 562-146-5565 with your information.

May this joyous day of Easter bring hope and blessing to your family and may the love of Christ that surpasses all understanding warm your hearts and homes.
HAVE A BLESSED EASTER!

Your sister in Christ,
Karen Fic, President

JOURNEY THROUGH



*Please join us in the Betty Reckas Center for
our annual preparation for Holy Week and
Palm Cross Folding*

Lenten meal will be served

**FRIDAY APRIL 7
6 PM**

Activities and crafts for all ages

**RSVP to Olivia Varonos
(562) 440-4430
okvaronos@gmail.com**

Greek Column by Voula Michail

Αυτοπεποίθηση

Κάποτε, ένας νεαρός πήγε σε έναν σοφό άντρα και του είπε:

“Έχω έρθει να ζητήσω την συμβουλή σου, γιατί βασανίζομαι από αισθήματα κατωτερότητας και δεν επιθυμώ να ζήσω άλλο. Όλοι μου λένε, ότι είμαι αποτυχημένος και ανόητος. Σε παρακαλώ, Δάσκαλε, βοήθησέ με.”

Ο σοφός κοίταξε τον νεαρό και του απάντησε βιαστικά: “Συγχώρεσέ με, αλλά είμαι πολύ απασχολημένος τώρα και δεν μπορώ να σε βοηθήσω.

Υπάρχει ένα πολύ επείγον θέμα με το οποίο πρέπει να ασχοληθώ...” Εδώ, σταμάτησε για ένα λεπτό για να σκεφτεί και πρόσθεσε: “Αλλά, αν θέλεις να με βοηθήσεις, θα χαρώ να σου ανταποδώσω την χάρη.”

“Μα φυσικά”, απάντησε ο νεαρός, ξεχνώντας για μια ακόμα φορά, ότι οι ανησυχίες του είχαν εκληφθεί ως ασήμαντες.

“Ωραία”, απάντησε ο σοφός και έβγαλε από το χέρι του ένα όμορφο δαχτυλίδι με πολύτιμους λίθους.

“Πάρε το άλογο μου και πήγαινε αμέσως στην αγορά. Πρέπει να πουλήσω αμέσως αυτό το δαχτυλίδι για να ξεπληρώσω ένα χρέος.

Προσπάθησε να το πουλήσεις σε καλή τιμή και μην συμβιβαστείς με τίποτα λιγότερο από ένα χρυσό νόμισμα. Πήγαινε τώρα και έλα πίσω όσο πιο γρήγορα μπορείς.”

Ο νεαρός πήρε το δαχτυλίδι και έφυγε. Όταν έφτασε στην αγορά, έδειξε το δαχτυλίδι σε διάφορους εμπόρους, οι οποίοι εξέφρασαν έντονο ενδιαφέρον.

Όταν, όμως, άκουσαν, ότι δεν το πουλούσε για λιγότερο από ένα χρυσό νόμισμα, έχασαν το ενδιαφέρον τους. Κάποιοι από τους εμπόρους γέλασαν με τον νεαρό και κάποιοι άλλοι απλά αδιαφόρησαν.

Μόνο ένας ηλικιωμένος έμπορος ήταν αρκετά αξιοπρεπής, ώστε να εξηγήσει στον νεαρό, ότι το ένα χρυσό νόμισμα ήταν πολύ μεγάλο αντίτιμο για ένα τέτοιο δαχτυλίδι και ότι στην καλύτερη περίπτωση θα του πρόσφεραν χαλκό ή ασήμι.

Όταν άκουσε αυτά τα λόγια ο νεαρός αναστατώθηκε πάρα πολύ και θυμήθηκε τα λόγια του σοφού να μην δεχτεί τίποτα λιγότερο από ένα χρυσό νόμισμα. Αφού είχε γυρίσει όλη την αγορά, προσπαθώντας χωρίς επιτυχία να πουλήσει το δαχτυλίδι, ανέβηκε πάνω στο άλογο και γύρισε πίσω.

“Δάσκαλε, δεν μπόρεσα να εκτελέσω το αίτημά σου”, είπε. “Στην καλύτερη περίπτωση μου έδιναν ένα ζευγάρι ασημένια νομίσματα, αλλά μου είπες να μην συμβιβαστώ με τίποτα λιγότερο από ένα χρυσό νόμισμα. Αλλά, μου είπαν, ότι το δαχτυλίδι δεν άξιζε τόσο.”

“Αυτό είναι ένα πολύ σημαντικό σημείο, αγόρι μου”, είπε ο σοφός. “Πριν προσπαθήσεις να πουλήσεις το δαχτυλίδι δεν θα ήταν κακή ιδέα να διαπιστώσεις ποια είναι η πραγματική του αξία. Και ποιος είναι καταλληλότερος για αυτό από έναν κοσμηματοπώλη;

Πήγαινε σε αυτόν και μάθε την πραγματική αξία του δαχτυλιδιού. Μην του το πουλήσεις, όσα και αν σου προσφέρει. Έλα αμέσως πίσω σε μένα.”

Ο νεαρός για μια ακόμη φορά ανέβηκε στο άλογο και κατευθύνθηκε στον κοσμηματοπώλη. Ο κοσμηματοπώλης πήρε το δαχτυλίδι στα χέρια του, το εξέτασε με μεγεθυντικό φακό για αρκετή ώρα και το ζύγισε. Ύστερα, γύρισε και είπε στον νεαρό:

“Πες στον Δάσκαλό σου, ότι αυτή την στιγμή δεν μπορώ να του δώσω περισσότερο από 58 χρυσά νομίσματα για το δαχτυλίδι. Αλλά, αν μου δώσει λίγο χρόνο θα το αγοράσω για 70 χρυσά νομίσματα.”

“70 χρυσά νομίσματα;” είπε έκπληκτος ο νεαρός. Γέλασε, πήρε το δαχτυλίδι και γύρισε πίσω στον σοφό. Όταν ο τελευταίος άκουσε αυτά που του είπε ο νεαρός του απάντησε: “Να θυμάσαι, αγόρι μου, ότι είσαι σαν αυτό το δαχτυλίδι.

Πολύτιμο και μοναδικό. Και μόνο ένας πραγματικός ειδικός μπορεί να εκτιμήσει την πραγματική σου αξία. Γιατί, λοιπόν, χάνεις στην χρόνο σου περιπλανώμενος στην αγορά και ακούγοντας την γνώμη του κάθε ανόητου;”

Panagia's Stewardship Family as of March 15, 2017

Ala Eli	Dolas James & Angela	Markouizos George & Argyro	Stevenson Gus & Leona
Ala George	Dollas Jim & Camille	Markouizos Karolos & Georgia	Sullos James & Vickie
Ala Lisa	Donlou Gordon & Maria	Markouizos Markella	Syrengeles A. Konstantinos
Alex Helen	Edwards Nickolas & Pamela	Markouizos Nektarios & Lisa	Syrengeles Soteria
Alexiou Demi	Etchepare Anna	Matty Dave & Barbara	Talaganis Ernest
Alvertos Ioannis & Georgia	Exacustos Stella	Mentas Ann	Tavlarides Angelo & Mary
Amarantos Harriet	Falley Zoe	Michel David & Vasiliki	Teodosiadis Romilos & Melpomeni
Andrews Dr. Jim & Nikki	Fattaleh Raja	Milonas Dina	Terzis Con/nos & Suzanna
Andrikos Ioannis & Argyro	Fenn Brad & Anna	Mitchell Peter	Thermos Jerry & Elli
Andros Nick	Fic Karen	Monios Nick & Linda	Toulios Spyros & Eleni
Argyros Dionisios & Irini	Futris William & Mary	Moreno Russ & Stephanie	Toumasis Kyriaky
Argyros Phillip & Amy	Galanis Gerry & Marian	Morgan Valerie	Tsailikis Maria
Awad John & Litsa	Georgedes Katy	Nakai Keichi & Saki	Tsimerekis Anna
Bacol Penny	Georges Louie & Penny	Papadakis Michael & Janel	Tsimerekis Christos & Christina
Bacol Pete & Ria	Georgoulis George & Anna	Papadopoulos Evangelos & Lorraine	Vackrinos Catherine
Bacol Sina	Ghillarducci Walt & Laura	Papakoulou Angie	Vagelatos John
Bahos Kanella	Giannoulis Anastasia	Papas Tasos & Georgia	Valaskantjis Nikiforos & Georgia
Bastas Niko & Kathy	Hadjimarkos Nick & Stemma	Pappas Dino & Catherine	Vargo Douglas & Elefteria
Bateh Eric & Nancy	Hanches Fotini	Pappas Mark & Shari	Varzak Darlene
Beckas Spiro & Eleni	Haririan Alka	Pappas Victor & Christina	Vasilomanolakis Dr. Mike & Niki
Beckas Yiota	Hatzidakis Yiannis & Christina	Paulos Mary	Vassiliades John
Berovinos Michael & Kimberly	Hatziris Anna & Frangoulis	Paulos Nicholas	Vlachos Dino & Helen
Berovinos Tony & Bonnie	Hennig Vickie	Phillips Crystal	Vlachos Michael & Jessa
Bisbikis Toula & Argyroula	Hourigan Joseph & Nickie	Platis Jim & Kay	Vorias Maria
Boyce Maria	Jordanides Timothy & Ria	Politis Spiros & Assal	Watkins Evangelia
Bratkic Jure & Demetra	Jovicic Goran & Alexandria	Polychrones Jerry & Marianna	Zarifis Angie
Breres Zena	Kakaris Telis & Lia	Ragias Pete & Maria	Zoolakis Anthony & Kari
Brillakis Gus & Nicki	Kallins George & Bettina	Raptis Maria	Zoumberakis Stelios & Anastacia
Brooks Harriet	Karapoulios Angelo & Eleni	Richmond Dan & Doris	
Bussa Tom & Maria	Karapoulios Greg	Roumeliotis George & Pamela	
Camaras Dean & Nicole	Karapoulios Tia	Rous William & Tianna	
Cardenas Roberto & Alexia	Karthis Nicholas	Russos Asimina	
Celentano John & Olga	Kiousis Spiro & Katerina	Russos Manolis	
Chelekis Louis & Vicki	Konstantinidis Byron & Kaite	Salsman Mel & Andria	
Choullis Manolis & Sotiria	Kontes Nick & Christina	Sehremelis Andy & Leslie	
Colazas Xenophon & Mila	Kontokanis Dimitrios & Maria	Shahani Ajit & Georgiadou Vicki	
Cook Jeff & Susan	Koromelas John & Tina	Sharkoff Dr. Donald & Anna	
Cornwell Caryle & Demetra	Kostallas Anthony & Cathy	Sharkoff Dr. James & Katherine	
Coroneus John & Xanthipe	Kountakis Eugenia	Shweiri Cathy & George	
Cottgias Manuel	Kouris Gregory & Patricia	Simitian Richard & Anna	
Currier Travis	Kourtis Costa & Cecilia	Siouris Chris & Panayota	
Cyprus Brandon	Kyriakos Spiros & Lainie	Skourtas Tony & Angelique	
Cyprus Brett & Jane	Lambros Mary	Smyrniotis Christos & Mary	
Cyprus Kayla	Liarakos George & Dezi	Sotiriou Panagiotis & Vasiliki	
Dalkos John & Stavroula	Liarakos John & Tessy	Soultanakis Trudie	
Deneff Alkisti	Liarakos Voula	Soupos Tom & Bobbie	
Deneff Anthony	Lofton Max & Mary	Spiropoulos Troy & Gina	
Deneff Peter & Diane	Loizides Goerge & Rodoula	Stapakis Steve & Joanne	
Deralas Dean	Lovejoy Jeremy & Nectaria	Stathis Robert & Josefa	
Desalermos Stephen & Stefanie	Mangoutas John & Barbara	Stavros Andy & Amber	
Desalrmos Stephen & Julia	Manolas Georgia	Stavros Louis & Mary	
Dogris Alex & Peggy	Manos Dr. Andy & Pamela	Stavros Theodoros & Olga	
Dolas Chris	Mantikas Nick & Katherine	Stavros Tom	

Save the Date
Cretans Omonoia
of
Orange County
30th Anniversary
Dinner Dance
April 29, 2017
 Cocktails 6:00 pm Dinner 7:00 pm
LIVE MUSIC FROM
CRETE
Saint John Greek Orthodox Church
Fellowship Hall
405 N. Dale Ave
Anaheim, CA
FOR MORE INFORMATION CALL
Sofia Manouselis Joanne Vestakis
714-423-2419 714-408-0826

Pascha Baking Goodies

PASCHA is approaching – April 16th
 A time of renewal, celebration and tradition.... Tsourekia, Koulourakia, Kourabiedes, Melomakarona, Bakalva and beautiful red eggs!

Don't have enough time to bake these traditional sweets?? Leave it up to the talent ladies of Philoptochos; we will do it for you!

Pre orders are now being accepted by calling Voula at the church office (562-494-8929) or email Kathy Bastas at knbastas@aol.com

Tsourekia = \$15.00
 (available April 9, Palm Sunday)
Koulourakia = \$8.00 – 1 dozen
Kourabiedes = \$10.00 – 1 dozen
Melomakarona = \$10.00 – 1 dozen
Baklava = \$2.00 a piece

Remember to place your order (we sell out quickly) and prepay to avoid long lines on April 9th. Thank you for your continued support.

Assumption Philoptochos wishes all a Kalo Pascha kai Kali Anastasi.



In the year of the Lord - April 2017

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 <small>Goya B-ball: Assumption vs St. Nicholas</small>
2 + Ε΄ Νηστειών (Μαριας Αιγυπτιας) Sunday of St. Mary of Egypt Orthros 8:45 am Divine Liturgy 10:00 am <small>Goya B-ball: Assumption vs St. Basil</small>	3	4	5 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm Pre-sanctified Liturgy 7 pm Adult Orthodoxy class & Bible Study 6pm - 7pm	6	7 Holy Week Retreat 6:00 pm GOYA Basketball practice 5 pm - 10 pm	8 + Έγερσις του Λαζάρου Saturday of Lazarus Orthros 9:30 am Divine Liturgy 10:00am <small>Philoptochos baking tsourekia</small>
9 + Των Βαΐων Palm Sunday Orthros 8:45am Divine Liturgy 10:00 am 1st Bridegroom Service 7 pm (Του Νυμφίου)	10 + Μ. ΔΕΥΤΕΡΑ Holy Monday 2nd Bridegroom Service 7 pm (Του Νυμφίου)	11 + Μ. ΤΡΙΤΗ Holy Tuesday Των 10 Παρθένων 3rd Bridegroom Service 7 pm (Του Νυμφίου)	12 + Μ. ΤΕΤΑΡΤΗ Holy Wednesday + Μέγα Ευχέλαιον Sacrament of Holy Unction 3:00 pm Orthros for the Mystical Supper (Anointing with Holy Unction) 7:00 pm	13 + Μ. ΠΕΜΠΤΗ Holy Thursday + Ο Μυστικός Δείπνος Liturgy of St. Basil 9:30 am Service of the Passion 7 pm Philoptochos: Dying red eggs after the morning service	14 + Μ. ΠΑΡΑΣΚΕΥΗ Holy Friday + Τα Άγια Πάθη Του Κυρίου Reading of the Royal Hours 1 pm (Αποκαθήλωσις) Descent from the Cross 2:30pm (Επιτάφιος) Lamentations Service 7 pm	15 + Μ. ΣΑΒΒΑΤΟ Holy Saturday + Η Ταφή του Κυρίου Liturgy of St. Basil 10:00 am The Canon 11:15 pm Resurrection Service and Liturgy 12:00 midnight “Supper” to follow Liturgy
16 + ΤΟ ΑΓΙΟΝ ΠΑΣΧΑ, EASTER SUNDAY Agape Service 11:30 am	17 Office Closed	18 Senior Christians Potluck 11:30 am P. C. Meeting 7:00 pm	19 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm	20	21 GOYA Basketball practice 5 pm - 10 pm	22 + Great Vespers 7 pm St. George church, Downey
23 + Του Θωμά Thomas Sunday Orthros 8:45 am D. Liturgy 10 am <small>Goya B-ball: Assumption vs St. George</small>	24	25	26 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm Adult Orthodoxy class & Bible Study 6pm - 7pm	27	28 GOYA Basketball practice 5 pm - 10 pm	29
30 + Των Μυροφόρων Sunday of the Myrrh Bearers Orthros 8:45 am D. Liturgy 10 am <small>Philoptochos Elections</small>						