

ASSUMPTION OF THE
BLESSED VIRGIN MARY
5761 E. Colorado St.
Long Beach, CA 90814

NON-PROFIT ORG
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LONG BEACH, CA
PERMIT NO. 344

THE PANAYIA

Assumption Of the Blessed Virgin Mary
Greek Orthodox Church
Long Beach, CA



Worship Services

Regular Schedule

Orthros 8:45 AM

Divine Liturgy 10:00 AM

**NOTE: Sunday Divine
Liturgy starts at
10:00AM year-round.**

*See enclosed calendar for
dates and times of other ser-
vices this month.*



MAY 2016

Assumption of the Blessed Virgin Mary Greek Orthodox Church

5761 East Colorado Street, Long Beach, CA 90814-1954

Phone (562) 494-8929 - Fax (562) 985-1379

Email – office@assumptionlb.org

Rev. Fr. Christos Kanakis, Proistamenos

Evangelos Karantonis, Pastoral Assistant

Voula Michail - Kitsios, Office Administrator

Jorge Rivera, Custodian

PARISH COUNCIL MEMBERS

Jimmy Eleopoulos - President

Nick Monios - Vice President

Savvas Roubanis - Recording Secretary

Sam Platis - Corresponding Secretary

Athena Mantas - Treasurer

Board members

George Demos, Chris Dolas, Angelo Karapoulos,

George Karidakis, Max Lofton, Tasos Papas,

Jerry Polychrones, George Stavros,

AHEPA

Tasos Papas - President

Bookstore

Zoe Falley - Administrator

Bulletin Coordinator

Voula Michail - Kitsios

Choir

Costa Kourtis - Director

Lia Forakis - Assistant Director

Youth Choir

Lia Forakis - Director

Karen Fic - Assistant Director

Church School

Yota Batsaras - Principal

Daughters of Penelope

Sofie Batshoun

Family Night

Sam Platis

GOYA

Presidents - George Sehremelis & Thanasi Dalkos

Vice President - Penny Bacol

Eleni Dalkos & Christina Gillotti - Advisors

Greek Cultural Arts and Dance

Patty Ladas - President

Dina Lioulis - Vice President

Greek School

Kathryn Condaras - Principal

Hope/Joy/VBS

Maria Georgakopoulos - Advisor

Panagia's Little Lambs

Elizabeth Syrengelas

PHILOTOCHOS

Karen Fic - President

Mary Lofton - 1st Vice President

Lia Kakaris - Secretary

Sophie Batshoun - Corres. Secretary

Angela Watkins - Treasurer

Bobbie Soupos - Advisor.

Senior Christians

Nick Monios - President

Stewardship Ministry

Kathy Bastas (Chair)

Max & Mary Lofton,

Trisagio Ministry

Max & Mary Lofton,

Vickie Hennig, Yiota Beckas

Web Site

Evan Karantonis

Welcome Ministry

Kathy Bastas (Chair),

Camille Dolas, Kay Platis,

Young Adults

Eleni Demos, Olivia Varonos

Greek Column by Voula Michail

10 απλά γνωρίσματα που έχουν οι πραγματικά έξυπνοι άνθρωποι!!!

- Οι έξυπνοι άνθρωποι έχουν συμβιβαστεί με το γεγονός ότι υπάρχουν πράγματα που δεν μπορούν να μάθουν σε σεμινάρια ή διαβάζοντας απλά ένα βιβλίο.

- Καταλαβαίνουν ότι για να πετύχουν ένα στόχο και να εφαρμόσουν ό,τι έχουν διδαχθεί θα πρέπει να αντιμετωπίσουν την πραγματικότητα. Η γνώση χωρίς την εμπειρία δεν έχει τόση αξία.

- Οι έξυπνοι άνθρωποι αξιολογούν μία κατάσταση και δεν αποδέχονται ό,τι τους σερβίρουν ή ό,τι φαίνεται φυσιολογικό για πολλούς. Κάνουν έρευνα και δεν στέκονται σε μία εικόνα αλλά στις χίλιες λέξεις που κρύβονται από πίσω.

- Υπάρχουν άνθρωποι που είναι πολύ καλοί στο αντικείμενό τους. Ωστόσο αυτό δεν σημαίνει πως κερδίζουν απαραίτητα και την ετικέτα των «έξυπνων». Οι γνώσεις των έξυπνων ανθρώπων περιλαμβάνουν ένα ευρύτερο φάσμα.

- Το ότι κάποιος είναι εγκυκλοπαιδικά μορφωμένος με πτυχία δεν σημαίνει ότι είναι και έξυπνος!

- Ένας έξυπνος άνθρωπος δεν κρίνει έναν άλλον από την εικόνα και τα κοστούμια. Ακούει, βλέπει, αισθάνεται και έπειτα βγάζει συμπεράσματα.

- Οι έξυπνοι άνθρωποι δεν επιδεικνύουν τα κατορθώματά τους και ούτε μιλούν συνεχώς για τον εαυτό τους.

- Το να θέλει κανείς να πατήσει πάνω σε άλλους για ανέβει επαγγελματικά κάθε άλλο παρά έξυπνο θεωρείται. Δείχνει έλλειψη προσόντων, παιδείας, μυαλού.

- Οι έξυπνοι άνθρωποι αδιαφορούν στα κακόβουλα σχόλια διότι γνωρίζουν πως αυτά προκύπτουν από ζήλια.

- Τα άδεια αντικείμενα έχουν ανάγκη να κάνουν "θόρυβο". Ένας έξυπνος άνθρωπος, φαίνεται πως το γνωρίζει καλά.

Ο τέλειος συνδιασμός; Έξυπνος και Μορφωμένος!



SAVE THE DATE
Sunday, May 8, 2016

Mother's Day Brunch

Betty Reckas Hall

— sponsored by —

Assumption GOYA

Adults \$10 | Children \$5

All proceeds will support the GOYA Boston Trip!

Pappagelis Christina
 Pappas Dino & Catherine
 Pappas Mark & Shari
 Pappas Victor & Christina
 Parlapanides Charles & Elenie
 Paulos Mary
 Paulos Nicholas
 Paulos Todd & Cindy
 Philips Mark & Crystal
 Photakis Nicholas & Lorraine
 Platis Sam & Laura
 Polychrones Jerry & Marianna
 Ragias Pete & Maria
 Reed Richard & Kyriaki
 Rembuskos Pnyiotis & Valerie
 Roumeliotis George & Pamela
 Russos Asimina
 Russos Eammanuel
 Salsman Mal & Andria
 Sehremelis Andy & Leslie
 Sharkoff Dr. James & Katherine
 Shweiri Cathy & George
 Silva Robert & Nicolette
 Simitian Richard & Anna
 Siouris Chris & Yota
 Skourtas Tony & Angelique
 Sotiriou Elias
 Sotiriou Panagiotis & Vasiliki
 Soutlanakis Trudith
 Soupos Tom & Bobbie
 Spiropoulos Troy & Gina
 Spys Jimmy & Britteny
 Stathis Robert & Josefa
 Stavros Andy & Amber
 Stavros George & Donna
 Stavros Theodoros & Olga
 Stavros Tom
 Stevenson Gus & Leona
 Sullos James & Vickie
 Syrengelas Soteria
 Syrengelas Toulia
 Talaganis Ernest
 Talaganis John & Kathleen
 Talaganis Nick & Amy
 Tavlarides Angelo & Mary
 Terzis Con/nos & Suzanna
 Thermos Jerry & Elli
 Ticknor Chris & Crystal
 Toullos Spyros & Eleni
 Toumasis Gerasimos & Kyriaky
 Tsakoumakis Stan & Debora
 Tsalikis Maria
 Tsamous Peter & Helen

Stewardship list cont.

Tsimerekis Anna
 Vackrinis Catherine
 Vagelatos John
 Valaskantjis Nikiforos & Georgia
 Varzak Darlene
 Vasilomanolakis Dr. Mike & Niki
 Vasilomanolakis Francine
 Vassiliades John
 Vlachos Dino & Helen
 Watkins Evangelia
 Xeros Nicholas & Anna
 Zambos Angie
 Zarifes Angie
 Zoolakis Anthony & Kari
 Zoumberakis Stelio & Stacy

Announcements

May's Prosforo

Is donated by Peggy Dogris. Thank you.
 If you would like to donate the Prosforo please call the office.

BEST WISHES

BAPTISMS:

04/09/16

Benjamin Dimitri McMillan

Proud Parents: James & Angela McMillan
 Godparents: Greg & Pauline Ziesemer
 Na sas zisoun! Congratulations!

04/18/16

Joseph Alan Cox

Godfather: Theoharris Boutsikakis
 Congratulations!



Panagia's Cookbook

Start thinking of some of your favorite recipes that could be included in our new cookbook! More details to come!

Pastor's Message

When was the last time you've stepped into a Library?

If you walk down the hall of our Community Building you will notice a unique room, our new Helen and John Apostle Library. With an old fashioned design you will see a long wooden table and lamps and a wall to wall bookcase containing a variety in-valuable books.

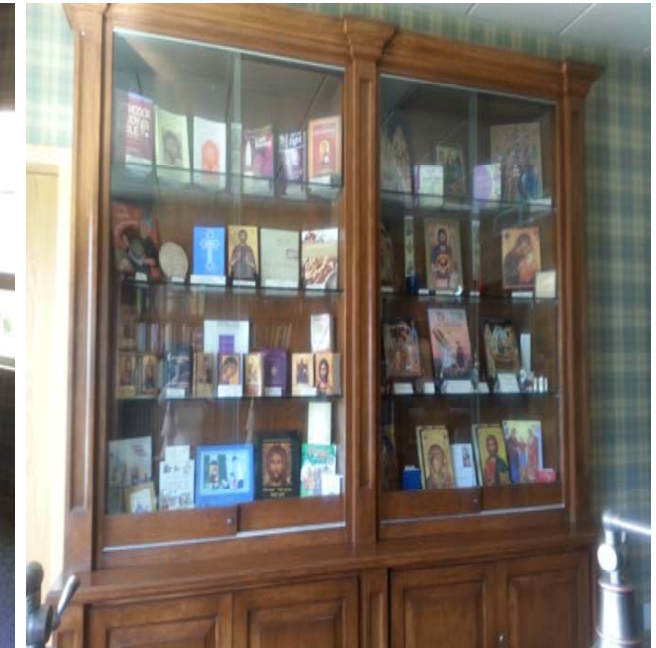
It contains growing collection of Religious Books, World History Books, Encyclopedias, Periodicals, Greek Literature, Classics, Greek Culture, Science books , Children's books. It is a room where you can plug in your ipad or notebook or simply read a book. It's a quiet room to learn and to study.

On the other side of the Library Room we have a Book Store Wall, where you can see a great selection of religious items/books and gifts. At the center of the room is a portrait of the Kryfo Sholio or Secret School, where a Priest is teaching the youth in secret during the Ottoman Empire, signifying the Church as a refuge to learn our faith and culture especially when it was oppressed.

This library serves as a place to learn about Faith and Culture and to step away from our noisy life and busy environment. Everyone is invited to use this room and utilize the vault of information for many generations to come. We thank Helen Apostle for her support, inspiration and dedication in memory of her beloved husband John.

Christos Anesti!

Fr. Christos



Dear parishioners,
ΧΡΙΣΤΟΣ ΑΝΕΣΤΗ! Christ is Risen!

President's Message

It was wonderful celebrating the Resurrection of our Lord and Savior with all of you a few days ago. What a pleasure to see so many community members fill the church pews during Holy Week. My pleasure got bigger on Holy Wednesday, when the church filled twice with parishioners receiving Holy Unction. It was encouraging to see so many young children! We are so fortunate to have such a patient and understanding priest, and being a parent of four kids myself, it personally meant a lot to me.

The path of Good Friday Luminaries honoring our loved ones was absolutely beautiful! Thank you Maria Bussa, Anna Simitian and all the dedicated GOYANS who participated in this event.

Every year our talented florist Katie Georgedes and her crew are making an outstanding job by decorating the "Kouvouklion" (Christ's tomb) to be ready for the Lamentation service. Thank you Katie and ladies for your hard work and dedication.

I don't want to forget to thank the Philoptochos ladies who tireless, are baking every year the traditional "Tsourekia" (Easter bread) and dying the red eggs. Easter without tsourekia and red eggs is not Easter!

And lastly but not least I want to thank Father Christo, for his commitment to making this Easter so special for all; I look forward to the many more Easters to come.

April was also a big month for our youth programs, most notably for the GOYA basketball teams who have been representing us proudly and playing hard all season. A BIG thank you to our basketball advisors and coaches for donating their time and energy.

Our Sunday school program has also been doing great work with our youth. The Holy Week retreat was very spiritual and educational. I want to thank all our teachers for their dedication to making the program flourish.

May is the beginning of a busy summer. Many vacations, travels and some graduations take place in May. Greek festivals in our neighboring churches begin in May and our Philoptochos ladies are getting ready to start scheduling the baking days for our festival on Labor Day weekend in September.

Mother's Day, a very important event in everyone's life, is celebrated this month. We will celebrate Mother's Day on Sunday, May 8th. After church services our GOYA is sponsoring a pancake brunch in our cultural center. Please mark your calendar and plan to attend to support our GOYA ministry.

Please note that, I'm always available to all parishioners for any questions, complaints, ideas, concerns or comments pertaining to our community.

In God's service,
Jimmy Eleopoulos, PC President

Assumption Long Beach Sunday School
and Daughters of Penelope present:

Sunday School Graduation and God Parent Sunday Luncheon

Date: Sunday, May 22, 2016

Time: Immediately following the Divine Liturgy

You do not want to miss this memorable event filled with
tribute, awards, photo ops and raffle prizes.

Make your reservations now for our

Sunday School Graduation and God Parent Sunday Luncheon!

Pre Reserve Ticket options by May 1, 2016

- Table reservation \$120.00 (seats 10 includes special centerpiece signage to your child(ren) and Godparent tribute)
- Individual tickets \$10.00 per person, \$5 children ages 5-10

Door Pricing after May 1, 2016:

- Table Reservation \$150.00 (based on availability seats 10 includes special centerpiece signage to your child(ren) and Godparent tribute)
- Individual tickets \$15.00 per person, \$10 children ages 5-10

Please make Checks Payable to Assumption Long Beach Sunday School

For Reservations contact :

Presvytera Jessica Kanakis dimitrak23@gmail.com or Yota Batsaras at 714.306.8082

Email: assumptionlbss@yahoo.com

Greek School

Christos Anesti! I hope everyone had a nice Easter. This month the Greek school students will be reviewing material covered throughout the school year. Our last day of classes will be Wednesday, June 1st 2016. We will also have our annual graduation and year end party on the same day. Everyone is welcomed, come and celebrate with our Greek School students.

Thank you,
Kathryn Condaras, Principal



Little Lambs

Christos Anesti from the cute little ones and amazing parents in Panagia's Little Lambs. We are nearing the end of another successful year. We have grown so much in attendance and have enjoyed celebrating so many milestones together. Let's keep singing and playing as we learn about our faith!

Elizabeth Syrengelas

Panagia's Stewardship Family as of April 15, 2016

Philoptochos

Alexiou Demi	Dimakides Christina & Fillippis	Kastanas Bill & Paris
Alvertos Yianni & Georgia	Dimas Michael & Maria	Konstantinidis Byron & Kaite
Amarantos Harriet	Dogris Alex & Peggy	Kontes Nick & Christina
Andrade Theoni & Everaldo	Dolas Chris	Kontokanis Dimitris & Maria
Andros Nick	Dolas Jim & Camille	Kopp Kyle & Gina
Apostle Helen	Dolas John & Theodora	Korakis Michael
Argyros Dionisios & Irene	Dolas Peter	Koromelas John & Tina
Argyros Phillip & Amy	Donlou Gordon & Maria	Kostallas Tony & Cathy
Awad John & Litsa	Edwards Nickolas & Pamela	Koulos Peter & Emily
Bacol Penny	Etchepare Anna	Kourassis Nick
Bacol Pete & Rea	Exacoustos Stella	Kouris Gregory & Patricia
Bacol Sina	Falley Zoe	Kourtis Costa & Cecilia
Bahos Kannela	Fattaleh Raja	Kyriakos Spiros & Lainie
Balas Louie & Toula	Fic Karen	Lambros Mary
Bastas Kikolaos & Kathy	Flynn Matthew	Liakos Nicole
Batsaras Ilias & Yota	Francis Timotheus & Georgi	Liakos Stephanie
Batshoun Christina	Frousakis Gus & Vicky	Liakos Thomas & Emily
Batshoun Emil & Matoula	Futris William & Mary	Liarakos George & Dezi
Batshoun Sofie	Gabriel Sam & Kathy	Liarakos John & Tesi
Beckas Yiota	Galanis Jerry & Marian	Liarakos Voula
Berovinos Antonios & Bonnie	Georgedes Ekaterini	Lofton Max & Mary
Bouras Peter	Georges Louie & penny	Loizides George & Rodou
Boutsikakis Harry	Ghilarducci Walt & Laura	Lovejoy Jeremy & Nectaria
Boyce Maria	Giannoulis Anastasia	Makas Diane & Natalie
Bratkic Jure & Demetra	Gioulatos Athanasios & Joanne	Mangoutas John & Roula
Breres Zenobia	Gossen Ryan & Jennifer	Manos Dr. Andrew & Pam
Brilliakis Gus & Nicki	Gurrola Raymond & Mary	Mantikas Nick & Katherine
Castritis Demetrios	Gutierrez Ivan & Esther	Marinow Atanas & Elena
Chelekis Louis & Vicki	Hadjimarkos Nicholas & Stemma	Markouizos George & Roula
Chenes Charles	Hallock Rod & Shirley	Markouizos Karolos & Georgia
Chioles Tome & Rosie	Hanches Fotini	Markouizos Markella
Choullis Manolis & Sotiria	Hardaway Herman & Pamela	Markouizos Nektarios & Lisa
Colazas Xenophon & Mila	Haririan Alka	Matty David & Barbara
Confrey John & Katina	Hatziris Anna & Frangoulis	Matty Thelxe
Contos Angeliki	Hennig Vickie	McMillan James & Angela
Contos Vasilis & Voula	Hoatua Patuarai & Evi	Mentas Ann
Cornwell Caryle & Demetra	Hourigan Joseph & Nickie	Mentzelos George & Christina
Coroneus John & Xanthipe	Hourigan Sophia	Michel David & Vasiliki
Coster Steve & Tonya	Jordanides Dr. Dennis & Giselle	Michel Erik & Jennifer
Cyprus Brandon	Jordanides Timothy & Ria	Milonas Dina
Cyprus Brett & Jane	Jovicic Goran & Alexandria	Missios Demetrios & Nelly
Cyprus Kayla	Kades Clio	Mitchell Tete
Demopulos Michael & Patricia	Kades Kelly	Monios Nick & Linda
Demos Christa	Kakaris Telis & Lia	Moreno Russ & Stephanie
Demos Eleni	Kallins George & Bettina	Morgan Valerie
Demos George & Vickie	Kallins James & Virginia	Nicolaou Alexander & Reese
Demos Joanna	Kaltcheva Vili	Palencia Emerson
Deneff Alkisti	Kanakis Fr. Christos & Pres. Jessica	Papacalos George & Lucia
Deneff Peter & Diane	Kanakis Peter & Evangelia	Papadakis Christina
Deralas Dean	Karantonis Evangelos & Ellia	Papadakis Michael & Janel
Desalernos Stephen & Julia	Karapoulios Evangelos & Eleni	Papadopoulos Evangelos & Loraine
Desalvernos Stephen & Stephanie	Karidakis George & Diane	Papakoulos Angie
	Karthas Nicholas	Papas Tasos & Georgia

HRISTOS ANESTI! CHRIST HAS RISEN!

We hope you all have a very Blessed Pascha! A special thank you to Father Christos for taking all of us through a Journey to the Resurrection. Thank you to our Pastoral assistant Evan, for helping guide our children through the 40 days of Lent.

Also thank you to our church staff Voula Kitsios and Jorge Rivera, for always taking that extra step to help out in any way they can.

A special THANK YOU to Kathy Bastas, Yiota Beckas and their team of bakers who have dedicated every Thursday to make sure Lenten koulourakia were available each and every Sunday.

Thank you to all the ladies who each and every year arrive before 8:00 am on Saturday of Lazarus to bake Tsourekia. Your love and dedication to Philotochos is unbeatable.

Thank you to Jimmy Eleopoulos for the delicious Resurrection supper he always prepares.

Thank you to Nick and Eleni Triantos and family for donating the eggs every year for Holy Thursday, and also to Cecilia Kourtis and her team of red egg dyers for the extra special love and care they take in coloring our Easter eggs.

Thank you to Bobbie Soupos and Ellia Karantonis for making visitations to those who are unable to come to church. These ladies along with Father Christos will be visiting more during the month of May. If you would like to join them, please call the church office and arrangements will be made include you.

Kids 'n Cancer was again very successful. Thank you all for your donations. Your love and generosity of over \$10,100 enabled 35 campers with cancer attend Camp Agape.

Philoptochos along with GOYA will be assisting FOCUS in their **SUMMER LUNCH PROGRAM**. With this program lunches are packed and are distributed through out Long Beach to children to might go hungry in the summer when their school is closed and they cannot depend on school lunches. If you are interested in giving a few hours of your time, please contact me at 562-416-5565 or Voula at the church office.

Ten Philoptochos members attended For The Child and Circle of Friends breakfast at the Shereton Hotel, Long Beach. There Philoptochos received special recognition for all our generosity with backpacks and our Thanksgiving food drive.

Philoptochos has always collected memberships through out the calendar year. If you have not sent in your membership, **NOW IS THE TIME**. We are a very strong organization that not only does outreach locally but through out the world. We cannot do this without your support! Become a Philoptochos member. Find out for yourself that Philoptochos ladies of Long Beach are not only the best bakers in the Metropolitan but we are hard working, dedicated ladies and men who believe in Philoptochos and it's mission.

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HE makes all things new again, May new things come you way this Easter season. May you be blessed with good health, love, joy and prosperity.

Your Sister in Christ,
Karen Fic, President

In the year of the Lord - May 2016

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 + ΤΟ ΑΓΙΟΝ ΠΑΣΧΑ, EASTER SUNDAY Agape Service 11:30 am	2 + Γεωργίου Τροπαιοφόρου Great Martyr George Orthros 9:15 am Divine Liturgy 10 am St. George Church in Downey	3	4 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm	5	6	7
8 + Του Θωμά Thomas Sunday Orthros 8:45 am Divine Liturgy 10:00 am GOYA: Mother's Day Brunch	9	10	11 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm	12	13	14
15 + Των Μυροφόρων Sunday of the Myrrh Bearers Orthros 8:45 am Divine Liturgy 10:00 am	16	17 Senior Christians Potluck 11:30 am P. C. Meeting 7:00 pm	18 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm	19	20	21 + Κων/νου & Ελένης Sts. Constantine & Helen Orthros 9:30 am Divine Liturgy 10 am
22 + Του Παραλύτου Sunday of the Paralytic Orthros 8:45 am Divine Liturgy 10:00 am Sunday School Graduation Luncheon Godparent Sunday	23	24	25 Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm	26	27	28
29 + Της Σαμαρείτιδος Sunday of the Samaritan Woman Orthros 8:45 am Divine Liturgy 10:00am	30 OFFICE CLOSED (Memorial Day)	31				