

ASSUMPTION OF THE
BLESSED VIRGIN MARY
5761 E. Colorado St.
Long Beach, CA 90814

NON-PROFIT ORG
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LONG BEACH, CA
PERMIT NO. 344

THE PANAYIA

Assumption Of the Blessed Virgin Mary
Greek Orthodox Church
Long Beach, CA



Worship Services

Regular Schedule

Orthros 8:45 AM

Divine Liturgy 10:00 AM

**NOTE: Sunday Divine
Liturgy starts at
10:00AM year-round.**

*See enclosed calendar for
dates and times of other ser-
vices this month.*



FEBRUARY 2015

Assumption of the Blessed Virgin Mary Greek Orthodox Church

5761 East Colorado Street, Long Beach, CA 90814-1954

Phone (562) 494-8929 - Fax (562) 985-1379

Email – office@assumptionlb.org

Rev. Fr. Christos Kanakis, Proistamenos

Voula Michail - Kitsios, Office Administrator

Jorge Rivera, Sexton

PARISH COUNCIL MEMBERS

Dave Matty - President

Jimmy Eleopoulos - Vice President

Jimmy Mentas - Recording Secretary

Chris Dolas - Corresponding Secretary

Athena Mantas - Treasurer

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George Stavros, Nick Monios, Sam Platis,

Tasos Papas, Savvas Roubanis

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Bulletin Coordinator

Voula Michail - Kitsios

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Zoe Falley - Administrator

Choir

Pinió Benetatos - Director & Organist

Cecilia Kourtis - President

Church School

Jim & Patricia Mentas - Principals

Daughters of Penelope

Catherine Vackrinou

Sofie Batshoun

Family Night

Sam Platis

Greek School

Kathryn Condaras - Principal

Donna Stavros - P.T.A

Hope/Joy/VBS

Maria Georgakopoulos - Advisor

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Pinió Benetatos - Director

Karen Fic - Assistant Director

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Kay Platis, Cathy Shweiri

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Jimmy Eleopoulos

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Amelia Ladas - 2nd Vice President

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Mary Lofton - Assistant Treasurer

Kathy Bastas - Advisor

Board Members

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Matoula Batshoun, Zoe Falley, Vickie Hennig,

Paris Kastanas, Kay Platis

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Vice President - Penny Bacol

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Corres. Secretary - Tasia Matty

Rec. Secretary - Ashely Eleopoulos

Historian - Olga Alvertos & Vasiliki Liouliias

Sports Coordinators - Alex Alvertos & Eleni Medenas

Activities Coordinator: Niko Karidakis & Nicolette Simitian

Chaplains - Philip Alanouf & Voula Dalkos

Diakonia - Nia Matty & Bobbie Dalkos

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Yota Batsaras - Corresponding Secretary

Dusty Hanson - Recording Secretary

Elene Dalkos - Treasurer

Senior Christians

Nick Monios - President

Stewardship Ministry

Kathy Bastas (Chair)

Camille Dolas, Max & Mary Lofton,

Kay Platis, Cathy Shweiri

Trisagio Ministry

Max & Mary Lofton, Vickie Hennig, Yiota Beckas

Web Site

George Shweiri

Οι Μούσες στην Ελληνική παράδοση.

Greek Column by Voula Michail

Η παράδοση αναφέρει, ότι ο Ζεός ξεγέλασε την όμορφη και πανέξυπνη Μνημοσύνη και κοιμήθηκε μαζί της εννέα νύχτες. Η Μνημοσύνη γέννησε τις εννέα Μούσες, που ήταν όμοιες σε όλα. Η Μνημοσύνη τις έδωσε να τις αναθρέψει η νύμφη Εύφημη και όρισε δάσκαλο τους τον Απόλλωνα. Οι εννέα Μούσες ήταν: η Κλειώ, η Ευτέρπη, η Θάλεια, η Μελπομένη, η Τερψιχόρη, η Ερατώ, η Πολυμνία, η Ουρανία και η Καλλιόπη η οποία ήταν ξεχωριστή σε όλα από τις άλλες.

Όταν μεγάλωσαν έγιναν πολύ έξυπνες και ωραιότερες. Είχαν ιδιαίτερη αγάπη στη μουσική, και δεν τις ενδιέφεραν οι ανθρώπινες ασχολίες. Αναζητούσαν ήσυχο τόπο για να αφιερωθούν στις Καλές Τέχνες. Ο Απόλλων τις έφερε στο μεγάλο και όμορφο όρος Ελικώνα, στην τοποθεσία που ήταν και ο παλαιότερος βωμός του Δία. Περνούσαν δε τον καιρό τους ως εξής: «Ο Απόλλων στεκόταν στη μέση και έπαιζε τη λύρα του. Ολόγυρα οι Μούσες τραγουδούσαν και έπαιζαν και αυτές τα μουσικά τους όργανα. Ύστερα χόρευαν ολόγυρα από το βωμό και αργότερα κάθονταν πάνω σε δάφνες και τραγουδούσαν. Ο μεγάλος δάσκαλος Απόλλων πάντα στη μέση με τη λύρα του. Ό,τι έψαλλαν ήσαν ύμνοι στο θεό και πατέρα τους Δία. Πολλές μέρες περνούσαν και στον Παρνασσό, επειδή και αυτό το βουνό ήταν θεϊκό και βρισκόταν εκεί το μεγάλο μαντείο του Απόλλωνος. Έκαναν περιπάτους και λούζονταν στις πηγές Ιπποκρήνη, την ωραιότερη πηγή στην κορυφή του Ελικώνος, Κασταλία, στον Παρνασσό, Αγανίπιτη, στη Βοιωτία και Λειβήθρα στη Μακεδονία- γι αυτό ονομάζονταν και Λειβηθρίδες. Οι αρχαιότερες Μούσες εμφανίζονται επί βασιλείας του Κρόνου.

Οι Μούσες και οι «Τέχνες».

Η παράδοση αναφέρει: δύο Μούσες εφεύραν τη θεωρία και την πράξη στη μάθηση. Τρεις Μούσες εφεύραν τους τρεις μουσικούς τόνους αδρόν, μέσον και ισχνόν τις τρεις χορδές της Λύρας, τις τρεις προσωδίες οξεία, βαρεία, περισπωμένη και τους τρεις χρόνους παρεληλυθότα, ενεσιώτα, μέλλοντα τα τρία πρόσωπα, τους τρεις αριθμούς, το τρίγωνο των αστέρων και άλλα τριάρθρο. Τέσσερις Μούσες εφεύραν τις τέσσερις διαλέκτους: ατ-τική, ιωνική, αιολική και δωρική. Πέντε Μούσες τις πέντε αισθήσεις: όραση, γεύση, όσφρηση, αφή και ακοή. Επτά Μούσες εφεύραν τις επτά χορδές της λύρας, τις επτά Ουράνιες ζώνες, τους επτά πλανήτες και τα επτά φωνήεντα του ελληνικού αλφάβητου.

Ας αρχίσουμε να γνωρίζουμε κάθε μία Μούσα ξεχωριστά. Και ξεκινάμε με την πρώτη. Την Κλειώ.

1. Η Μούσα **Κλειώ** ανακάλυψε την Ιστορία (και την κιθάρα). Ονομάζεταν Κλειώ, επειδή αναφέρεται στο Κλέος. Σύμφωνα με την παράδοση, η Κλειώ κατηγόρησε την Αφροδίτη επειδή ερωτεύθηκε τον 'Αδωνι. Ζωγράφιζαν την Κλειώ δαφνοστεφανωμένη και με πορφυρό ένδυμα. Στο δεξί της χέρι κρατούσε μία σάλπιγγα και στο αριστερό ένα βιβλίο, που έγραφε Κλειώ Ιστορία. Στα πόδια της υπήρχε το Κιβώτιο της Ιστορίας.

Στο επόμενο τεύχος θα αναφερθούμε στις υπόλοιπες Μούσες.

Announcements

February Prosforo

Prosforo for the month of February is donated by Kay Platis. Thank you.

From Choir Loft

SAVE THE DATE! MAY 16TH.

"Assumption's Got Talent" We are planning an evening of fun, fun, fun, that will be very exciting for ALL members of Assumption Church. We will be in touch with all church ministries regarding this project. So be prepared. Watch the March Bulletin for more news.

Also, as you may know, our organ is taking its last breaths. We are seeking a few generous donors to replace it. Help us in making the Liturgy a truly Spiritual Happening. If you wish to donate contact Cecilia, Zoe or Karen.

GOYA Basket Ball

Practices

We will be having practices every Friday evening in the gym as we have been doing in past years from 5:00 pm - 10:00 pm all the way through to May 1 (except 2/13 - FDF and 4/10 - Good Friday).

Home Games

Our home games are all on Sunday afternoons. They will all start with a Jr. Girls game at 2:00 pm, followed by Jr. Boys at 3:00 pm, Sr. Girls at 4:00 pm, Sr. Boys at 5:00 pm and finally Young Adults at 6:00 pm.

- 3/1 Assumption vs. St. Anthony
- 3/8 Assumption vs. St. Sophia
- 3/15 Assumption vs. St. Nicholas
- 3/29 Assumption vs. St. Basil
- 4/26 Playoff Semi-Finals at Assumption

Away Games

- 3/22 Assumption at St. John
- 4/18 Assumption at St. George
- 4/19 Assumption at St. Katherine
- 4/25 Playoff Quarter-Finals at St. Nicholas
- 5/2 Playoff Finals at St. Sophia

Pastor's Message

Blessing of Home and Business

On Epiphany Day (January 6th) we commemorate the manifestation of the Holy Trinity and the Baptism of Christ in the Jordan River. This Feast Day is one of the Greatest Feast Days of the Christian year along with Christmas and Pascha. The services for this great feast begin on January 5th as the eve of Epiphany and goes into January 6th. Both services are known as the as Megas Agiasmos, or the Great Blessing of Holy Water.

When the Early Church was baptizing the new Christians, the blessed water was drawn for drinking and sprinkling so that the faithful and their homes could be blessed. This is why the services on January 5th and 6th are similar to the Baptism Service.

On these days Holy Water is given to the faithful and the priest blesses all Orthodox homes and businesses with the sanctified water of the Epiphany Service, so that the blessing of Epiphany Season will be with us throughout the year.

With this tradition in mind, I will be blessing homes and businesses from January 12 through February 28 during the day.

To schedule an appointment please call the church office at [562-494-8929](tel:562-494-8929) or e-mail your contact information at frchristos@assumptionlb.org

Happy New Year
Fr. Christos



Here we go again!

Philoptochos

WE are starting out the New Year by recruiting new members for Philoptochos. WE would like each and every lady to become a member. Did you know that Philoptochos is one of the largest organizations within the United States! We are a compassionate group of ladies who believe in helping our church, the less fortunate and those in need. We encourage both Men (as Associate Members) and Women to become involved. WE will be hosting our Annual TEA on March 8th, 2015. The Theme this year is "YOUR CHOICE". This is your opportunity to be creative. Plan on joining us this year and perhaps sponsor a table. We want you to have fun doing your own table, inviting your own friends and joining the rest of us for a fun day. That's what Philoptochos is all about! Won't you please consider joining us for our TEA and become a member and/or renew your membership for 2015. Men are welcome to decorate a table as well and/or join us the day of. It would be fun if each Ministry would consider decorating a table. **SAVE THE DATE OF MARCH 8TH!**

February 8th we will celebrate "**Go Red Sunday**". Ladies, definitely wear red. Men, perhaps you could wear a red tie and/or a red shirt. Let's join the rest of the United States and wear red.

FDF is coming too, they need everyone's support. I hope you will all participate in one way or other. We all wish them well and will be waiting for them to bring home the Trophy/s! As one of our Parishioners says; Gooooooo Longggggggg Beachyyyyyyyyyyyyyy. Wonder who says that! Can you guess?

Also, "Kids and Cancer" is coming right up as well. Not sure of the date as of this writing. In the past, Long Beach Philoptochos has raised some of the largest amounts donated thanks to YOU reading this today. WE hope we can depend on your generosity again this year. Such a wonderful cause! It will be held at the "Big Canyon Country Club" again this year. A beautiful affair! An affair you don't want to miss. (More information will follow).

If you have questions please ask me. If you know of someone in need, let us know. And; if you have a student who will be Graduating High School or College this year please let me know.

Yours in Christ,
Bobbie Soupos, President

STEWARDSHIP

2014 Stewardship Statistics
As Of December 31

- Families Pledged: 335
- Individuals Represented: 544
- Total Amt. Pledged: \$259,063
- Total Amt. Paid (Jan 1 to 15): \$228,452
- Unpaid Amount in 2014: \$29,611

2015 Stewardship Statistics
As Of January 15

- Families Pledged: 93
- Individuals Represented: 163
- Total Amt. Pledged: \$82,580
- Total Amt. Paid (Jan 1 to 15): \$31,507

As we count our blessings and evaluate our priorities, please help us reach our 2015 stewardship goal of \$260,000 by responding to the needs of our/your Church with a kind and generous heart. Please complete your stewardship pledge and mail in as soon as possible. *Stewardship a Way of Life.....*

Go Long Beach!

**The Assumption
Greek Dance &
Cultural Arts School**



**FDF
Preview
Luncheon**



Sunday, February 8th



A showcase of our dance groups!

General admission: \$12
Delicious chicken served with all the trimmings



Children 12 and under \$8
Chicken strips plate

Alexiou, Demi
 Amarantos, Harriet
 Andrikos, Ioannis & Argyro
 Bacol, Pete & Ria
 Bastas, Nikolaos & Kathy
 Batshoun, Emil & Matoula
 Beckas, Spiro & Eleni
 Beckas, Yiota
 Benetatos, Pinio
 Bisbikis, Angelo & Diana
 Boosalis, Aphrodite
 Boyce, Maria
 Briliakis, Gus & Nicki
 Bussa, Tom & Maria
 Chelekis, Louis & Vicki
 Choullis, Manolis & Sotiria
 Colazas, Xenophon & Mila
 Cornwell, Caryle & Demetra
 Coroneus, John & Xanthipe
 Demopulos, Michael & Patricia
 Deneff, Alkisti
 Deralas, Dean
 Dimitropoulos, Thanasi & Eleni
 Dolas, Chris
 Dolas, Jim & Camille
 Dolas, Jonh & Theodora
 Dolas, Peter
 Donlou, Gordon & Maria
 Falley, Zoe
 Fattaleh, Raja
 Flynn, Matthew
 Futris, William & Mary
 Galanis, Jerry & Marian
 Georges, Louie & Penny
 Hadjimarkos, Nicholas & Stemma
 Hanches, Fotini

Hanson, Chris & Dusty
 Hennig, Vickie
 Jordanides, Tim & Ria
 Jovicic, Goran & Alexandria
 Kanakis, Fr. Christos & Pres. Jessica
 Kanakis, Peter & Evangelia
 Karapoulios, Evangelos & Eleni
 Karthas Nicholas
 Kiouisis, Spiro & Katerina
 Kootsikis, Coula
 Kourtis, Costa & Cesilia
 Lafkas, Peter & Ada
 Lofton, Max & Mary
 Loizdes, George & Rodoula
 Lovejoy, Jeremy & Nectaria
 Manos, Dr. Andrew & Pam
 Mantikas, Nick & Katherine
 Marangopoulos, Jake & Tammy
 Markouizos, Karolos & Georgia
 Matty, Thelxe
 Mentas, Ann
 Milonas, Dina
 Missios, Basil & Eftihia
 Monios, Nick & Linda
 Morgan, Valerie
 Panou, Paraskevi
 Pappas, Victor & Christina
 Paralapanides, Charles & Elenie
 Paulos, Mary
 Pelonis, Petros & Agatha
 Philips, Mark & Crystal
 Phoutrides, Neilos & Patricia
 Platis, Jim & Kay
 Roubanis, Savvas & Jody
 Salsman, Mel & Andria
 Sehremelis, Andy & Leslie

Sharkoff, James & Katherine
 Shweiri, Cathy & George
 Shweiri, Gabriel & Nicole
 Simitian, Richard & Anna
 Siouris, Chris & Panayota
 Skandalakis, Melia
 Smyrniotis, Chris & Mary
 Soultanakis, Trudith
 Spiropoulos, James & Marina
 Spiropoulos, Troy & Gina
 Stathis, Robert & Josefa
 Stavros, Andy & Amber
 Stavros, George & Donna
 Stavros, Louis & Mary
 Stavros, Ted & Olga
 Sullos, James & Vickie
 Syrengelas, Dino & Dora
 Talaganis, Ernest
 Talaganis, Nick & Amy
 Terzis, Con/nos & Suzanna
 Thermos, Jerry & Ellie
 Thibault, Irene
 Trigonis, Tula
 Vackrinis, Catherine
 Vasilomanolakis, Mike & Niki
 Vassiliades, John
 Vlachos, Dino & Helen
 Vorriss, Athansios & Niki
 Zarifes, Angie
 Zoolakis, Anthony & Kari
 Zoumberakis, Stelio & Stacy

The Greek school students are in full swing. We are getting ready for our major Greek school event " Greek Independence Day" which will be celebrated on Sunday, March 22, 2015. All students will be reciting poems and some will perform in a play. Come and join us and take pride in our Greek School community. This month there will be no classes held on Wednesday, February 11th 2015. Most of our students are getting ready for FDF. We would like to wish them luck and have fun. Classes will resume on Wednesday, February 18, 2015.

Thank you,
 Kathryn Condaras, Principal

Greek Dance & Cultural Arts School

Firstly, AGDCAS wants to say "THANK YOU" to all who helped for our New Year's Dinner/Dance. We appreciate all that you do for our children. Your time, treasure, and talent is very valuable let us continue working together as a community to make our Panagia a strong and united community. February is here which means so is FDF weekend. We want to invite all of our community to come watch our dancers perform at this year's FDF which will be held at the Anaheim Marriott on February 12-15, 2015. For more information please go to www.yourfdf.org. Good Luck to our dancers, directors and musicians.

Go Long Beach!!!!
 The AGDCAS Board

Panagia's Little Lambs is a fun and exciting program. Our Moms n Tots class is full of music, crafts and play. The children are enjoying interacting with each other and learning about our Orthodox religion. Please join us every Wednesday, 10:30-11:30 am in the Preschool Sunday school classroom. Moms, Dads, Yiayias, Papous and any care-takers are encouraged to bring children 3 years old and under to participate in this exciting program.

Elizabeth Syrengelas
 Pres. Jessica Kanakis

Bookstore

I want to thank all the parishioners and church guests for their support of the Assumption Bookstore. With your purchases, we are able to continue to expand and offer new gifts, icons, and books for your spiritual education of Greek Orthodoxy.

The bookstore schedule for 2015 will be as follows:

- Feb. 1, Feb.8**
- March 1, March 15, March 22**
- April 3, April 5**
- May 3, May 17, May 31**
- June 14, June 21**
- July 12, July 26**
- Aug.9, Aug. 14 & 15 & 16, Aug. 23**
- Sept 5,6,7-Festival, Sept. 20, Sept. 27**
- Oct. 11, Oct. 25**
- Nov. 8, Nov. 22, Nov. 29**
- Dec. 6, Dec. 13, Dec. 20**

Other special events will be announced.

Thank you,
 Your Sister in Christ,

Zoe Falley, Bookstore Administrator

In the year of the Lord - February 2015

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<div style="border: 1px solid black; padding: 2px; display: inline-block; margin-bottom: 5px;">Triodio Begins</div> <p style="text-align: center;">1</p> <p style="text-align: center;">+ ΙΣΤ Λουκά (Τελώνου & Φαρισαίου) 16th Sunday of Luke (Publican & Pharisee) Orthros 8:45 am Divine Liturgy 10:00 am</p>	<p style="text-align: center;">2</p> <p style="text-align: center;">+ Υπαπαντή Ιησού Χριστού The Presentation of Our Lord Orthros 9:30 am Divine Liturgy 10:00 am</p>	<p style="text-align: center;">3</p>	<p style="text-align: center;">4</p> <p style="text-align: center;">Moms n Tots 10:30 am - 11:30 am</p> <p style="text-align: center;">Greek School 5:30 pm - 7:00 pm</p>	<p style="text-align: center;">5</p>	<p style="text-align: center;">6</p> <p style="text-align: center;">GOYA Basketball practice 5 pm - 10 pm</p>	<p style="text-align: center;">7</p> <p style="text-align: center;"><i>Orthodox 101</i> 10:00 am - 11:30 am</p>
<p style="text-align: center;">8</p> <p style="text-align: center;">+ ΙΖ' Λουκά (Ασώτου) 17th Sunday of Luke (Prodigal) Orthros 8:45 am Divine Liturgy 10:00 am</p> <p style="font-size: small;">Gr. Dance: Costume Performance</p>	<p style="text-align: center;">9</p>	<p style="text-align: center;">10</p>	<p style="text-align: center;">11</p> <p style="text-align: center;">No Moms 'n' Tots No Greek School</p>	<p style="text-align: center;">12</p> <p style="text-align: center;">FDF - Anaheim Marriot</p>	<p style="text-align: center;">13</p> <p style="text-align: center;">FDF - Anaheim Marriot</p>	<p style="text-align: center;">14</p> <p style="text-align: center;">+ Ψυχοσάββατο 1st Saturday of Souls Orthros 9:30 am Divine Liturgy 10:00 am in Downey</p> <p style="text-align: center;">FDF - Anaheim Marriot</p>
<p style="text-align: center;">15</p> <p style="text-align: center;">+ ΑΠΟΚΡΕΩ Judgement Sunday (Meatfare) Divine Liturgy at FDF Anaheim Marriot</p> <p style="font-size: small;">FDF - Anaheim Marriot</p>	<p style="text-align: center;">16</p> <p style="text-align: center;">Office closed (President's Day)</p>	<p style="text-align: center;">17</p> <p style="text-align: center;">Senior Christians Christmas Potluck 11:30 am</p> <p style="text-align: center;">P. C. Meeting 7:00 pm</p>	<p style="text-align: center;">18</p> <p style="text-align: center;">Moms n Tots 10:30 am - 11:30 am</p> <p style="text-align: center;">Greek School 5:30 pm - 7:00 pm</p>	<p style="text-align: center;">19</p>	<p style="text-align: center;">20</p> <p style="text-align: center;">GOYA Basketball practice 5 pm - 10 pm</p>	<p style="text-align: center;">21</p> <p style="text-align: center;">+ Ψυχοσάββατο 2nd Saturday of Souls Orthros 9:30 am Divine Liturgy 10:00 am</p> <p style="text-align: center;"><i>Orthodox 101</i> 10:00 am - 11:30 am</p>
<div style="border: 1px solid black; padding: 2px; display: inline-block; margin-bottom: 5px;">FDF Recognition</div> <p style="text-align: center;">22</p> <p style="text-align: center;">+ ΤΥΡΙΝΗΣ Forgiveness Sunday (Cheesefare) Orthros 8:45 am Divine Liturgy 10:00 am</p> <p style="font-size: small;">7 pm Great Vespers of Forgiveness at St George in Downey</p>	<p style="text-align: center;">23</p> <p style="text-align: center;">+ ΚΑΘΑΡΑ ΔΕΥΤΕΡΑ Philoptochos Koulouma, Compline Service 6:00 pm Lenten Supper 6:30 pm</p> <p style="text-align: center;">Great Lent/Σαρακοστή Begins</p>	<p style="text-align: center;">24</p>	<p style="text-align: center;">25</p> <p style="text-align: center;">Moms n Tots 10:30 am - 11:30 am</p> <p style="text-align: center;">Greek School 5:30 pm - 7:00 pm</p> <p style="text-align: center;">+ Προηγιασμένη Λειτουργία Pre-sanctified Liturgy 6:00 pm</p>	<p style="text-align: center;">26</p>	<p style="text-align: center;">27</p> <p style="text-align: center;">+ Α' ΧΑΙΠΕΤΙΣΜΟΙ 1st Salutation 7pm</p> <p style="text-align: center;">GOYA Basketball practice 5 pm - 10 pm</p>	<p style="text-align: center;">28</p> <p style="text-align: center;">+ Ψυχοσάββατο (Θάμα Κολλύβων Αγ. Θεοδώρου) 3rd Saturday of the Souls Divine Liturgy 10:00 am at Rose Hills Chapel in Whittier</p>