

ASSUMPTION OF THE  
BLESSED VIRGIN MARY  
5761 E. Colorado St.  
Long Beach, CA 90814

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PERMIT NO. 344

# THE PANAYIA

Assumption Of the Blessed Virgin Mary  
Greek Orthodox Church  
Long Beach, CA



## ***Worship Services***

**Regular Schedule**

**Orthros 8:45 AM**

**Divine Liturgy 10:00 AM**

**NOTE: Sunday Divine  
Liturgy starts at  
10:00AM year-round.**

*See enclosed calendar for  
dates and times of other ser-  
vices this month.*



**APRIL 2016**

## Assumption of the Blessed Virgin Mary Greek Orthodox Church

5761 East Colorado Street, Long Beach, CA 90814-1954

Phone (562) 494-8929 - Fax (562) 985-1379

Email – office@assumptionlb.org

**Rev. Fr. Christos Kanakis, Proistamenos**

**Evangelos Karantonis, Pastoral Assistant**

Voula Michail - Kitsios, Office Administrator

Jorge Rivera, Custodian

### PARISH COUNCIL MEMBERS

Jimmy Eleopoulos - President

Nick Monios - Vice President

Savvas Roubanis - Recording Secretary

Sam Platis - Corresponding Secretary

Athena Mantas - Treasurer

### Board members

George Demos, Chris Dolas, Angelo Karapoulos,

George Karidakis, Max Lofton, Tasos Papas,

Jerry Polychrones, George Stavros,

### AHEPA

Tasos Papas - President

### Bookstore

Zoe Falley - Administrator

### Bulletin Coordinator

Voula Michail - Kitsios

### Choir

Lia Forakis

Karen Fic

### Church School

Yota Batsaras - Principal

### Daughters of Penelope

Sofie Batshoun

### Family Night

Sam Platis

### GOYA

Presidents - George Sehremelis & Thanasi Dalkos

Vice President - Penny Bacol

Eleni Dalkos & Christina Gillotti - Advisors

### Greek Cultural Arts and Dance

Patty Ladas - President

Dina Lioulias - Vice President

### Greek School

Kathryn Condaras - Principal

### Hope/Joy/VBS

Maria Georgakopoulos - Advisor

### Panagia's Little Lambs

Elizabeth Syrengelas

### PHILOTOCHOS

Karen Fic - President

Mary Lofton - 1st Vice President

Lia Kakaris - Secretary

Sophie Batshoun - Corres. Secretary

Angela Watkins - Treasurer

Bobbie Soupos - Advisor.

### Public Relations

Jimmy Eleopoulos

### Senior Christians

Nick Monios - President

### Stewardship Ministry

Kathy Bastas (Chair)

Max & Mary Lofton,

### Trisagio Ministry

Max & Mary Lofton,

Vickie Hennig, Yiota Beckas

### Web Site

Evan Karantonis

### Welcome Ministry

Kathy Bastas (Chair),

Camille Dolas, Kay Platis,

### Young Adults

Eleni Demos, Olivia Varonos

Το Σύμβολο της Πίστεως και η ερμηνεία του.

*Greek Column by Voula Michail*

**1. Πιστεύω εις ένα Θεόν, Πατέρα, παντοκράτορα, ποιητήν ουρανού και γης, ορατών τε πάντων και αοράτων.** Πιστεύω, ως ορθόδοξος Χριστιανός, σε έναν Θεό, Πατέρα, Κυρίαρχο του παντός, που δημιούργησε από το μηδέν και με απόλυτη ελευθερία και αγάπη τον ουρανό και τη γη. Δημιούργησε, δηλαδή, τόσο τον ορατό και υλικό, όσο και τον αόρατο και πνευματικό κόσμο.

**2. Και εις ένα Κύριον Ιησούν Χριστόν, τον Υιόν του Θεού τον μονογενή, τον εκ του Πατρός γεννηθέντα προ πάντων των αιώνων· Φως εκ Φωτός, Θεόν αληθινόν εκ Θεού αληθινού, γεννηθέντα, ου ποιηθέντα, ομοούσιον τω Πατρί, δι' ου τα πάντα εγένετο.**

Πιστεύω και σ' έναν Κύριο, τον Θεάνθρωπο Ιησού Χριστό, που είναι ο μονογενής Υιός του Θεού Πατέρα και Γεννήθηκε απ' Αυτόν προαιωνίως. Είναι φως, όπως και ο Πατέρας Του. Είναι αληθινός Θεός, επειδή γεννήθηκε από τον αληθινό Θεό. Ο Υιός δεν είναι δημιούργημα ή κτίσμα του Θεού, όπως πίστευαν διάφοροι αιρετικοί, αλλά έχει την ίδια Θεία ουσία με τον Πατέρα (είναι «ομοούσιος») και τα πάντα δημιουργήθηκαν δια του Υιού.

**3. Τον δι' ημάς τους ανθρώπους και δια την ημετέραν σωτηρίαν κατελθόντα εκ των ουρανών και σαρκωθέντα εκ Πνεύματος άγιου και Μαρίας της Παρθένου και ενανθρωπήσαντα.**

Ο Υιός του Θεού, για τη δική μας σωτηρία, κατέβηκε από την ουράνια δόξα Του στη γη και έλαβε σάρκα, όμοια με τη δική μας, από την Παρθένο Μαρία με την ενέργεια του Αγίου Πνεύματος. Έγινε δηλαδή άνθρωπος όμοιος σε όλα μ' εμάς, εκτός από την αμαρτία και έζησε σε συγκεκριμένο χρόνο πάνω στη γη.

**4. Σταυρωθέντα τε υπέρ ημών επί Ποντίου Πιλάτου και παθόντα και ταφέντα.**

Σταυρώθηκε, έπαθε και τάφηκε για μας, όταν ρωμαίος επίτροπος της Ιουδαίας ήταν ο Πόντιος Πιλάτος.

**5. Και αναστάνα τη τρίτη ημέρα κατά τας Γραφάς.**

Και αναστήθηκε, σύμφωνα με την Αγία Γραφή, την τρίτη ημέρα από τον τάφο, ενώ ήταν νεκρός.

**6. Και ανελθόντα εις τους ουραμούς και καθεζόμενον εκ δεξιών του Πατρός.**

Μετά την Ανάστασή Του ανέβηκε στον ουρανό με τη δύναμη που είχε ως Θεός, δοξάζοντας έτσι την ανθρώπινη φύση. Ανέβηκε και κάθισε στα δεξιά του Πατέρα Του.

**7. Και πάλιν ερχόμενον μετά δόξης κρίναι ζώντας και νεκρούς· ου της βασιλείας ουκ έσται τέλος.**

Θα έρθει και πάλι στον κόσμο με δόξα, σε χρόνο που τον γνωρίζει μόνο ο Θεός, για να κρίνει τους ζωντανούς και τους νεκρούς. Και η Βασιλεία Του δεν θα έχει τέλος.

**8. Και εις το Πνεύμα το άγιον, το κύριον, το ζωοποιόν, το εκ του Πατρός εκπορευόμενον, το συν Πατρί και Υιώ συμπροσκυνούμενον και συνδοξαζόμενον, το λαλήσαν δια των προφητών.**

Πιστεύω και στο Άγιο Πνεύμα, το τρίτο πρόσωπο της Αγίας Τριάδος, που έχει κυριότητα και εξουσία. Ζωοποιεί όλη την κτίση και εκπορεύεται από τον Πατέρα. Είναι ομοούσιο με τον Πατέρα και τον Υιό. Προσκυνείται και δοξάζεται ισότιμα μαζί Τους. Καθοδήγησε τους Προφήτες της Παλαιάς Διαθήκης, που προείπαν για τον ερχομό του Σωτήρα.

**9. Εις μίαν, αγίαν, καθολικήν και αποστολικήν Εκκλησίαν.**

Πιστεύω και στην Εκκλησία. Είναι μία, επειδή μία είναι η κεφαλή της, ο Χριστός και μία η πίστη εκείνων που μετέχουν στη ζωή της. Είναι αγία, χωρισμένη από κάθε αμαρτία. Είναι καθολική, επειδή κατέχει όλη την αλήθεια και θέλει να συμπεριλάβει όλους τους ανθρώπους. Είναι αποστολική, επειδή διατηρεί ανόθευτη τη διδασκαλία των Αποστόλων και επειδή οι επίσκοποι που την ποιμαίνουν είναι διάδοχοι εκείνων.

**10. Ομολογώ εν βάπτισμα εις άφεσιν αμαρτιών.**

Ομολογώ ένα βάπτισμα στο όνομα της Αγίας Τριάδος. Μ' αυτό αρχίζουμε την καινούρια ζωή μέσα στην Εκκλησία. Με αυτό συγχωρείται το προπατορικό αμάρτημα.

**11. Προσδοκώ ανάστασιν νεκρών.**

Πιστεύω και περιμένω την κοινή ανάσταση όλων των νεκρών. Θα αναστηθεί κάθε σώμα για να ενωθεί με την αθάνατη ψυχή του. Η ανάσταση όλων θα γίνει με τη Δευτέρα Παρουσία του Κυρίου.

**12. Και ζωήν του μέλλοντος αιώνος. Αμήν.**

Προσδοκώ ότι, μετά την ανάσταση και την τελική κρίση όλων των ανθρώπων από τον Χριστό, θα αξιωθώ να απολαύσω την αιώνια ζωή, μαζί με όλους τους αγίους. Αμήν.

## ***Announcements***

### **April's Prosforo**

Is donated by Vickie Hennig. Thank you. If you would like to donate the Prosforo please call the office.

### ***BEST WISHES***

#### **BAPTISMS:**

03/06/16

#### **Danielle Elodie Silva**

Proud Parents: Robert & Nicolette Silva  
Nonoi: James & Angela Dolas

#### **Lorelei Brennan Kopp**

Proud Parents: Kyle & Gina Kopp  
Nona: Ilianna Richards

03/12/16

#### **Eythokia Panayiota Zoumberakis**

Proud Parents: Stelio & Stacy  
Zoumberakis  
Nonoi: Nicholas & Chrstina Karidakis

#### **Georgia Maria Zoumberakis**

Proud Parents: Stelio & Stacy  
Zoumberakis  
Nona: Eleni Demos

03/19/16

#### **Panayota Poppy Liakos**

Proud Parents: Thomas & Emily Liakos  
Nonos: Tony Skourtas

Na sas zisoun! Congratulations!

### **HOLY WEEK AND EASTER FLOWERS**

With your help, Katy Georgedes will adorn our church. Flowers needed for Palm Sunday, Nymphios, Crucifixion, and Resurrection icons. Also, for the Epitaphios (Christ's tomb), and Easter lilies to decorate the Church for Easter. Thank you for your generosity.

## Assumption Long Beach Sunday School and Daughters of Penelope present:

### *Sunday School Graduation and*

### *God Parent Sunday Luncheon*

*Date: Sunday, May 22, 2016*

*Time: Immediately following the Divine Liturgy*

You do not want to miss this memorable event filled with

tribute, awards, photo ops and raffle prizes.

Make your reservations now for our

### *Sunday School Graduation and God Parent Sunday Luncheon!*

Pre Reserve Ticket options by May 1, 2016

- Table reservation \$120.00 (seats 10 includes special centerpiece signage to your child(ren) and Godparent tribute)
  - Individual tickets \$10.00 per person, \$5 children ages 5-10
- Door Pricing after May 1, 2016:
- Table Reservation \$150.00 (**based on availability** seats 10 includes special centerpiece signage to your child(ren) and Godparent tribute)
  - Individual tickets \$15.00 per person, \$10 children ages 5-10

For Reservations contact:

Presvytera Jessica Kanakis dimitrak23@gmail.com or Yota Batsaras at 714.306.8082

Email: assumptionbss@yahoo.com

Dearly Beloved,

Saint Paul, in his First Letter to the Thessalonians, writes, *"Do not quench the Spirit, do not despise prophesying, but test everything; hold fast what is good; abstain from every form of evil."* (I Thessalonians 5:19 – 22)

These are good words to begin the Great Fast of our Church. Great Lent is our time to prepare to celebrate the glorious and life-giving Resurrection of our Lord and Savior Jesus Christ. During these days, we will participate in ascetic disciplines of our Church: abstaining from certain foods, increasing our philanthropic acts, intensifying our rule of prayer, participation in the divine services, and attending to study of our faith. One purpose of these disciplines is to draw our focus inward, in acts of reflection and discernment, on the quality of our lives in all its dimensions.

In the Gospel lessons preparing us for Great Lent, we heard about the desire for God in the story of how Zacchaeus wished to see Jesus. We heard about the judgmentalism of the Pharisee. We learned about how God, our heavenly Father, waits for us to "come to our senses" and return to Him. We heard about how the King of Glory will judge right from wrong. And we heard that our Father does not forgive unless we first forgive others. Through all these lessons, the Church had told us continually that our loving and almighty God always does what is best for His people.

Our discernment during Great Lent is to consider how we are meant to live as God lives, to live as God always intended for us. Saint Paul said, "test everything" including ourselves. Through our reflection, we may see that we are striving to do what God expects and we can rejoice in that. Do we act enough on the promise God has ask us to respond? Saint Paul said, "hold fast to what is good". But there is the more difficult but honest task of recognizing that we may also not be living up to His commandments and expectations and we "have work to do" on our lives.

"Abstaining from evil" may, at first seem strong, but we must admit that the Evil One continually strives to pull us away from God and His righteousness, His goodness, and His love, usually through the false promises of vainglory, power, riches, and greatness.

Throughout this Lenten period, the hymns of our Church will regularly remind us that the purpose of our discipline is not to be able to boast about the food we deprive ourselves but the ability to control our tongues, the ability to accept our faults and to repent for them, and the ability to soften our hearts and attitudes towards our neighbors, so that our Lord will accept us in the kingdom that He has inaugurated through His Resurrection. What is the benefit of giving up a few morsels of meat or cheese if we continue in our pride and boastfulness or our indifference to our neighbor?

The purpose of Great Lent is to open us to the invitation to follow the Lord, as He will invite us to do in the gospel lesson of the first Sunday, when he called Philip and Nathaniel (John 1:43). The purpose of the Great Lent is to intensify our training as Christians so that we may commemorate the Resurrection and remember the joy of our baptism through which we "put on Christ" (Galatians 3:27), when we were *"buried with him by baptism into death, so that as Christ was raised from the dead by the glory of the Father, we too might walk in newness of life. For if we have been united with him in a death like His, we shall certainly be united with him in a resurrection like his."* (Romans 6:4 – 5)

For these reasons my beloved, "do not quench the Spirit", that you have already received in baptism, but nurture it, renew it, and expand the power that it has over you by observing this Great Fast to your fullest capability.

May our Compassionate Lord grant you and your loved ones a blessed, joyful, and rewarding Great Lent.

With Love in Christ,  
+ G E R A S I M O S  
Metropolitan of San Francisco

## President's Message

Dear parishioners!

On behalf, of the entire Parish Council and myself, we wish you all Kali Sarakosti kai Kalo Pascha!

As we experience this Lenten period and prepare for the resurrection of our Lord and savior, I find that it is useful to focus on the gift of power from God that is bestowed upon all those who believe.

Our first General Parish Assembly meeting on March 6, had a good number of attendance. Thank you for your support and input. They are greatly appreciated!

The Parish Council has been working very closely with all the group leaders to ensure that all programs' needs are being met. The goal is to continue expanding the fellowship opportunities that Assumption has to offer, and through the collaboration of Assumption's leaders I anticipate this goal is being met.

We will be schedule all of ministries leadership meeting soon.

Our GOYA basketball teams have been representing us proudly in their games, showing off their team skills and great sportsmanship. The games have been exciting and a lot of fun for the whole family, and I encourage you and especially the seniors to come out and cheer our youth on.

If your name does not appear on the stewardship list, please return your 2016 Stewardship Card as soon as possible. If, for some reason you haven't received the 2016 stewardship package back in December 2015 you can call Voula at the church office and ask her to send you one or talk to Kathy Bastas on any Sunday and ask her to give you one. Stewardship is the main source of income to have all the church needs and expenses paid.

Jimmy Eleopoulos, President

## Sunday Religious Education

Sunday School looks forward to our April Month theme of Lenten Renewal.

In preparation for Easter, our lessons this month highlight discussion and activities reinforcing prayer, giving thanks and forgiveness.

On Friday, April 22, 2016- Sunday School will hold their Annual Lenten Retreat with activities geared to the continuous reinforcement and understanding of Jesus' teachings and the beliefs, rituals and traditions during this sacred time in our Greek Orthodox Church.

Please keep an eye out for our email with more information on our Lenten retreat and Palm Folding Activities.

Please note, Sunday School Graduation and Godparent Sunday Luncheon are right around the corner. For your convenience and in order to ensure a memorable experience for all the children, Pre-Sale reservations will be extended through May 1, 2016.

Additional information in this bulletin.

Thank You,  
Yota Batsaras, Principal  
[assumptionlbs@yahoo.com](mailto:assumptionlbs@yahoo.com)

## Greek School

The Greek School students just celebrated Greek Independence Day, with poems and a lent luncheon. They did a fantastic job reciting their poems. All teachers are so proud of their students. Keep up the good work. We will be off Holy week, but students will be attending church services on Holy Wednesday at 3.00pm. Kali Sarakosti kai Kalo Pascha.

Kathryn Condaras, Principal

## Stewardship Note

For those of you who were not able to attend the Parish General Assembly on March 6<sup>th</sup> to hear what I had to say about stewardship, the following is what I said:

Hello...It is nice to see all of you here once again. I am Kathy Bastas, current leader of the Stewardship Ministry.

In the past, we have presented facts and figures for the previous year at the first General Assembly of the New Year. Therefore, I will give you some facts & figures that you can use to measure our success in 2015.

However, before I do that, I quickly would like to comment on "Stewardship".

We are a beneficiary of God. And, as Stewards of God's many, many gifts we should not be passive beneficiaries. When we are given something we should feel obliged to give in return for all things were given to us by God!

That includes: our many grandparents, our parents, our relatives, our husbands and wives, our children, our friends, and our skills.

If we put all of these gifts together in positive ways, we are able to create beautiful churches, to obtain terrific priests, to develop satisfying ministries which attract and aid parishioners, and to create rewarding lives for ourselves and for others.

It is the personal responsibility of each one of us, as Stewards of Assumption Church, to have our own role in carrying out our mission . . . . which is . . . to come together and serve God!

As you know, Stewardship is the giving of Time, Talent and Treasure. And how is, Assumption Church doing with your time, talent & treasure?

We are doing very well! If you take a look at the latest Panagia you will see 20 ministries listed and probably a few more that are not listed.

Hundreds of our parishioners and their children are regularly participating in our various ministries! Participation is very good and growing, but there's always room for growth!!

We are truly blessed and have a wonderful church, priest and parishioners! And, please continue to participate, lead, aid, plan, assist, and think about how better we can truly be in the future, with **your** help.

Now on to a couple of Stewardship measures: Firstly, two participation examples: Tasos Papas: a member of the Assumption Parish Council for over 40 years!! And how about Jerry Polychrones: an altar boy in the 90's, grew up and married in Assumption, has a child who also was baptized here, and now Jerry is a current member of the Parish Council and working side by side with Tasos Papas! That is what Stewardship is truly about!

Before I give you the final figures for 2015, I wish to take this opportunity to once again thank Max and Mary Lofton (who are another example of true stewards of this church) for the countless hours they devote to the various ministries and especially to this ministry. They maintain the detail stewardship records and their attention to details is amazing. Do me a favor... when you see them... thank them!

Now, on to the numbers regarding Parishioners and Stewardship Income figures for 2015:

New Stewards: 57 (definition of new steward is a person who was not a steward in 2014)

Total Stewards: 588 (Over 18 years old)

Total Stewardship Income: \$267,575.00 which exceeded our 2015 goal by \$7,575.00

Also note that last year was the Largest Stewardship Income in 9 years by: \$14,091.00

And lastly . . . please look around and see the beautiful families that surround us all!!

On behalf of this ministry which includes Mary Lofton, Max Lofton, Kay Platis, Cathy Shweiri and Savvas Roubanis, we thank all of you who have pledged in 2016 and are involved in one or more ministries and we gently remind those that have not, to submit their 2016 Stewardship Pledge card and to seriously think about joining a ministry, because without **you** we cannot continue to be successful and grow our church.

Thank you and God Bless Us All!



**Panagia's Stewardship Family as of March 13, 2016**

Alexiou Demi	Dolas Jim & Camille	Kourtis Costa & Cecilia	Rembuskos Pnaiyotis & Valerie
Alvertos Yianni & Georgia	Dolas John & Theodora	Kyriakos Spiros & Lainie	Roumeliotis George & Pamela
Amarantos Harriet	Dolas Peter	Lambros Mary	Salsman Mal & Andria
Andros Nick	Donlou Gordon & Maria	Liakos Nicole	Sehremelis Andy & Leslie
Apostle Helen	Edwards Nickolas & Pamela	Liakos Stephanie	Sharkoff Dr. James & Katherine
Argyros Dionisios & Irene	Etchepare Anna	Liakos Thomas & Emily	Shweiri Cathy & George
Argyros Phillip & Amy	Exacoustos Stella	Liarakos George & Dezi	Silva Robert & Nicolette
Awad John & Litsa	Falley Zoe	Liarakos John & Tesi	Simitian Richard & Anna
Bacol Penny	Fattaleh Raja	Liarakos Voula	Siouris Chris & Yota
Bacol Pete & Rea	Fic Karen	Lofton Max & Mary	Skourtas Tony & Angelique
Bacol Sina	Flynn Matthew	Loizides George & Rodou	Sotiriou Panagiotis & Vasiliki
Bahos Kannela	Frousakis Gus & Vicky	Lovejoy Jeremy & Nectaria	Soultanakis Trudith
Balas Louie & Toula	Futris William & Mary	Makas Diane & Natalie	Soupos Tom & Bobbie
Bastas Kikolaos & Kathy	Gabriel Sam & Kathy	Mangoutas John & Roula	Spiropoulos Troy & Gina
Batsaras Ilias & Yota	Galanis Jerry & Marian	Manos Dr. Andrew & Pam	Spyrs Jimmy & Britteny
Batshoun Christina	Georgedes Ekaterini	Mantikas Nick & Katherine	Stathis Robert & Josefa
Batshoun Emil & Matoula	Georges Louie & penny	Marinow Atanas & Elena	Stavros Andy & Amber
Batshoun Sofie	Ghilarducci Walt & Laura	Markouizos George & Roula	Stavros George & Donna
Beckas Yiota	Giannoulis Anastasia	Markouizos Karolos & Georgia	Stavros Theodoros & Olga
Berovinos Antonios & Bonnie	Gioulatos Athanasios & Joanne	Markouizos Markella	Stavros Tom
Bouras Peter	Gossen Ryan & Jennifer	Markouizos Nektarios & Lisa	Stevenson Gus & Leona
Boutsikakis Harry	Gutierrez Ivan & Esther	Matty David & Barbara	Sullos James & Vickie
Boyce Maria	Hadjimarkos Nicholas & Stemma	Matty Thelxe	Syrengeles Soteria
Bratkic Jure & Demetra	Hanches Fotini	McMillan James & Angela	Syrengeles Toula
Breres Zenobia	Haririan Alka	Mentas Ann	Talaganis Ernest
Brilliakis Gus & Nicki	Hatziris Anna & Frangoulis	Mentzelos George & Christina	Talaganis John & Kathleen
Castritis Demetrios	Hennig Vickie	Michel David & Vasiliki	Talaganis Nick & Amy
Chelekis Louis & Vicki	Hoatua Patuarai & Evi	Michel Erik & Jennifer	Tavlarides Angelo & Mary
Chenes Charles	Hourigan Joseph & Nickie	Milonas Dina	Terzis Con/nos & Suzanna
Choullis Manolis & Sotiria	Hourigan Sophia	Missios Demetrios & Nelly	Thermos Jerry & Elli
Colazas Xenophon & Mila	Jordanides Dr. Dennis & Giselle	Mitchell Pete	Ticknor Chris & Crystal
Confrey John & Katina	Jordanides Timothy & Ria	Monios Nick & Linda	Toulios Spyros & Eleni
Contos Angeliki	Jovicic Goran & Alexandria	Moreno Russ & Stephanie	Toumasis Gerasimos & Kyriaky
Contos Vasilis & Voula	Kakaris Telis & Lia	Morgan Valerie	Tsakoumakis Stan & Debora
Cornwell Caryle & Demetra	Kallins George & Bettina	Nicolaou Alexander & Reese	Tsimerekis Anna
Coroneus John & Xanthipe	Kallins James & Virginia	Palencia Emerson	Vackrinis Catherine
Cyprus Brandon	Kaltcheva Vili	Papadakis Christina	Valaskantjisi Nikiforos & Georgia
Cyprus Brett & Jane	Kanakis Fr. Christos & Pres. Jessica	Papadakis Michael & Janel	Varzak Darlene
Cyprus Kayla	Kanakis Peter & Evangelia	Papadopoulos Evangelos & Loraine	Vasilomanolakis Dr. Mike & Niki
Demopoulos Michael & Patricia	Karantonis Evangelos & Ellia	Papakoulou Angie	Vasilomanolakis Francine
Demos Christa	Karapoulous Evangelos & Eleni	Papas Tasos & Georgia	Vassiliades John
Demos Eleni	Karthas Nicholas	Pappagelis Christina	Vlachos Dino & Helen
Demos George & Vickie	Kastanas Bill & Paris	Pappas Dino & Catherine	Watkins Evangelia
Demos Joanna	Konstantinidis Byron & Kaite	Pappas Mark & Shari	Xeros Nicholas & Anna
Deneff Alkisti	Kontes Nick & Christina	Pappas Victor & Christina	Zambos Angie
Deneff Peter & Diane	Kontokanis Dimitris & Maria	Parlapanides Charles & Elenie	Zarifis Angie
Deralas Dean	Kopp Kyle & Gina	Paulos Mary	Zoolakis Anthony & Kari
Desalvernos Stephen & Stephanie	Korakis Michael	Paulos Nicholas	Zoumberakis Stelio & Stacy
Dimakides Christina & George Filippis	Koromelas John & Tina	Philips Mark & Crystal	
Dimas Michael & Maria	Kostallas Tony & Cathy	Platis Sam & Laura	
Dogris Alex & Peggy	Koulos Peter & Emily	Ragias Pete & Maria	
Dolas Chris	Kouris Gregory & Patricia	Reed Richard & Kyriaki	

Clean Monday, March 14<sup>th</sup> was a joy to behold. Kites made by our Sunday school children hung on the walls of the hall and each table had a kite with Kali Sarakosti! With the efforts of Sunday school teachers and students GOYA and Philoptochos, over 70 Assumptions parishioners joined in a pot luck Lenten dinner and fellowship in preparation of Lent. Thank you all who were there as we continue the beautiful Assumpton tradition of Koulouma. May the Lord shower His choicest blessings on you! On Lent and always!

If you have not turned in your 2016 Philoptochos membership, NOW IS THE TIME TO DO IT! This year our goal is to continue our growth by having EVERY WOMAN AND MAN at Assumption become a Philoptochos member. Please see Mary Lofton, Philoptochos membership chair with your membership. Make it happen!

By now, each of you should have received your notice for KIDS "N" CANCER. This is a very special ministry for Philoptochos. For the past two years, through your generous donations our community has given \$14,000 each year and sent 47 children with cancer to Camp Agape. Let's try for 50 this year. The approximate cost is \$300 per camper. A reception will be held at Big Canyon Country Club in Newport Beach on April 10<sup>th</sup>. If you would like to attend and in need of transportation call Karen at 562-416-5565.

Our fantastic baking team will be baking our delicious tsourekia on Saturday of Lazarus April 23<sup>rd</sup>. We will be selling the bread for \$15 per loaf. The bread will go on sale on Palm Sunday April 24<sup>th</sup> after Divine Liturgy. If you would like to place an order, please call the church office or contact Kathy Bastas at 657-464-0596. Don't miss out on Easter Bread.

May the promise of Pascha fill you with renewed faith, hope and joy - and may all of these continue to bless your life and through the year.

Kali Sarakosti - Καλή Σαρακοστή!  
Karen Fic, President

*Philoptochos*



**Would you love fresh baked goodies to share with your family?**

**But there just isn't enough time?**

**Make it easier on yourself by ordering...**

**Tsoureki (Easter Bread)**

**This Easter Holiday, the talented ladies of Philoptochos are baking just for you!**

**Call in your orders today!!**

**Voula at the church office  
(562) 494-8929**

**Kathy Bastas (657) 464-0596**

**\$15 for a big loaf of Tsoureki available to buy on Palm Sunday 4/24/16**

**LET US DO THE BAKING FOR YOU!!**

**In the year of the Lord - April 2016**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					<b>1</b> + Γ' ΧΑΙΠΕΤΙΣΜΟΙ 3rd Salutation 7pm GOYA Basketball practice 5 pm - 10 pm	<b>2</b> <i>Orthodoxy 101: 10 am - 11 am</i> Goya B-ball: Assumption vs St. George
<b>3</b> + Γ' Νηστειών (Σταυροπροσκυνήσεως) Sunday of Holy Cross Orthros 8:45 am Divine Liturgy 10:00 am <small>Goya B-ball: Assumption vs St. Katherine</small>	<b>4</b>	<b>5</b>	<b>6</b> Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm + Προηγιασμένη Λειτουργία Pre-sanctified Liturgy 10am Lenten Bible Study 7pm	<b>7</b>	<b>8</b> + Δ' ΧΑΙΠΕΤΙΣΜΟΙ 4th Salutation 7pm	<b>9</b> Goya B-ball: Quarter Finals
<b>10</b> <u>Goya B-ball: Semi-finals</u> + Δ' Νηστειών (Ιωάν. Κλίμακος) Sunday of St. John Climacus Orthros 8:45 am Divine Liturgy 10:00 am <small>Philoptochos Kids "n" Cancer</small>	<b>11</b>	<b>12</b>	<b>13</b> Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm + Προηγιασμένη Λειτουργία Pre-sanctified Liturgy 10am Lenten Bible Study 7pm	<b>14</b>	<b>15</b> + Ακάθιστος Ύμνος Akathist Hymn 7pm	<b>16</b> <i>Orthodoxy 101: 10 am - 11 am</i>
<b>17</b> + Ε' Νηστειών (Μαρίας Αιγυπτίας) Sunday of St. Mary of Egypt Orthros 8:45 am Divine Liturgy 10:00 am <small>Goya B-ball: Finals</small>	<b>18</b>	<b>19</b> Senior Christians Lenten Potluck 11:30 am P. C. Meeting 7:00 pm	<b>20</b> Little Lambs 10:30 - 11:30 am Greek School 5:30 pm - 7pm + Προηγιασμένη Λειτουργία Pre-sanctified Liturgy 10am Lenten Bible Study 7pm	<b>21</b>	<b>22</b> Family Night & Holy Week Retreat 6:00 pm	<b>23</b> + Έγερσις του Λαζάρου Saturday of Lazarus Orthros 9:30 am Divine Liturgy 10:00am
<b>24</b> + Των Βαΐων Palm Sunday Orthros 9:45am Divine Liturgy 10:00 am Palm Sunday Luncheon sponsored by the FDB 1st Bridegroom Service 7 pm (Του Νυμφίου)	<b>25</b> + Μ. ΔΕΥΤΕΡΑ Holy Monday 2nd Bridegroom Service 7 pm (Του Νυμφίου)	<b>26</b> + Μ. ΤΡΙΤΗ Holy Tuesday Των 10 Παρθένων 3rd Bridegroom Service 7 pm (Του Νυμφίου)	<b>27</b> Μ. ΤΕΤΑΡΤΗ Holy Wednesday + Μέγα Ευχέλαιον Sacrament of Holy Unction 3:00 pm Orthros for the Mystical Supper (Anointing with Holy Unction) 7:00 pm	<b>28</b> + Μ. ΠΕΜΠΤΗ Holy Thursday + Ο Μυστικός Δείπνος Liturgy of St. Basil 9:30 am Service of the Passion 7:00 pm Philoptochos: Dying red eggs after the morning service	<b>29</b> + Μ. ΠΑΡΑΣΚΕΥΗ Holy Friday + Τα Άγια Πάθη Του Κυρίου Reading of the Royal Hours 1 pm (Αποκαθήλωσις) Descent from the Cross 2:30pm (Επιτάφιος) Lamentations Service 7 pm	<b>30</b> + Μ. ΣΑΒΒΑΤΟ Holy Saturday + Η Ταφή του Κυρίου Liturgy of St. Basil 10:00 am The Canon 11:15 pm Resurrection Service and Liturgy 12:00 midnight "Supper" to follow Liturgy